



ANNUAL REPORT - 2021-22



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## MESSAGE FROM THE CHAIRPERSON

**“Be the change you want to see in the world”-Mahatma Gandhi**

Following the footsteps of the Father of the nation, we at Sukarya strive towards the upliftment of the society as a whole by beginning the change from our doorsteps through our “Ghar Se Shuru” Initiative, working in the field of **Maternal Child Healthcare and Nutrition (MCHN); Gender Equality; Economic Empowerment of Women (EEW) and Education.**

Maternal and Child undernutrition and micronutrient deficiencies affect half of world's population. These conditions include low birth weight, protein energy malnutrition, chronic energy and micronutrient deficiencies. **Maternal under nutrition** is a critical public health problem in India with almost one in four women of reproductive age reported to be underweight. Additionally poor infant and young child feeding practices and repeated infections due to an unhygienic environment contribute to childhood stunting, micronutrient deficiencies, and anemia. **Sukarya** has been addressing this issue over the years focusing on **rural/urban/peri-urban areas** of Delhi, Gurugram, and some districts of Rajasthan through Health awareness sessions, Sanitation campaigns, Nutrition Classes, and organizing Health clinics. We have been able to reach around **5000 women** successfully in a year taking a positive stride towards eradication of this social evil.

Gender Equality is not only a fundamental human right but a must for a prosperous and sustainable world. The interventions by Sukarya target adolescent girls by “Giving them a Voice” and educating them through customised curriculum that addresses adolescent health, reproductive and sexual health, menstrual hygiene, family life education, gender rights and safety measures & coping mechanism.

India is a country with more than one billion people and just one-third of them can read. The rapidly growing size of the population, shortages of teachers, books, and basic facilities, and insufficient public funds to cover **education** costs are some of the nation's toughest challenges. The Education on Wheels (EOW) initiative of Sukarya aims to bridge the gap by bringing education to the doorstep of the children who are left behind and on the fringes of our society.

**Women's economic participation** is fundamental to strengthen their rights and enable them to have control over their lives and establish a place for themselves in society. Sukarya's approach towards economic empowerment includes skill training and access to productive resources and assisting women in their ability to make and act upon decisions regarding economic growth and development. We aim to create women entrepreneurs and skilled professionals in order to address the constraints to their economic empowerment which is fundamental in poverty reduction and lasting, inclusive, and sustainable economic growth.

The advent of **Covid 19** brought various challenges in the implementation of our various tasks at hand but the team at Sukarya was able to chalk out new roadmaps to continue moving forward toward our goal by initiatives such as virtual classes and on-site training sessions for women etc. We included awareness against the pandemic as one of the goals of Sukarya in order to fight Covid 19 as a community.

I would sincerely like to **thank the Sukarya family** - our dedicated volunteers, staff, well-wishers, donors, sponsors, and trustees for believing, supporting, and financing our cause, that every individual is entitled to lead a happy, healthy, and productive life, and each of us has a duty to make this reality possible.

I would also like to **specially mention our donors** - Wipro Cares, Fidelity International, OYO Cares, Bird Group, Give India, Global Giving, Herbal Nutrition Foundation, Microsoft, Eran, and Global Opportunity Alliance - whose support gave our cause an impetus and added zeal to our team to advance toward the attainment of our goals.

**Meera Satpathy**  
Founder and Chairperson



*Sukarya's Mission has been to ensure fair and equitable access to quality health services for all, including the poorest sections of society, especially women, adolescents and children.* Each of the interventions are designed and implemented to meet the following objectives:

- To improve maternal and child health;
- To advocate, promote and sensitise communities on Primary Health Care, Reproductive Child Health and Family Planning;
- To advocate, encourage and guide positive health-seeking behaviours with special emphasis on physical, mental and social well-being;
- To empower women by strengthening their physical, emotional well-being and economic stability;
- To educate and empower children and youth to lead a healthier and more dignified life; and
- To promote gender equality and justice.

*Sukarya's Vision is to enable local communities believe in their own abilities to bring about change by providing them access to basic healthcare, nutrition and education to live a healthy successful life and strive for a better society.*

Core principles:

- We are a women-centric, women-focused, and women-led organization.
- Believes in innovative methods and strategies specially designed to resolve problems.
- Trust and faith in technology are major interventions to progress successfully.
- Grass root intervention in a real sense takes villagers and sarpanches [PRIs] and women leaders as part of the intervention.
- Accountability in every sphere and fund utilization is taken seriously as a policy.

## GEOGRAPHICAL PRESENCE





## OUR PROGRAMS

MATERNAL CHILD HEALTH & NUTRITION

GENDER EQUALITY

INFORMAL EDUCATION FOR SLUM CHILDREN

ECONOMIC EMPOWERMENT OF RURAL WOMEN



## MATERNAL CHILD HEALTH & NUTRITION

In the slums and rural India, we're strengthening health standards of the mother and child by preventing the malnutrition and anemic conditions amongst them.

### A HEALTHY MOTHER MAKES A HEALTHY WORLD

How true it is that a healthy child needs a healthy mother. As its core area of work since 1998, Sukarya makes sure that women in slums and villages understand the importance of every aspect of maternal-child health and nutrition. The mothers not only become aware of the care needed during their pregnancy phases but become proactive in optimizing their own personal health and nutrition as well as of their children.

#### What We Do

- Stop preventable maternal deaths by making sure women can access health care at every stage—before, during, and after their pregnancy.
- Mobilize communities to identify danger signs in pregnancy—like post-partum hemorrhage— so women can reach facilities in time to save their lives.
- Make sure every woman has access to the information and health care—from her home to the health facility—to safely deliver her baby and care for herself and her children.
- During ANC ensure that women get TT injections, iron folic tablets and balance diet along with micronutrients.
- Ensure that women go for institutional delivery
- Train community health worker on current standards and guidelines of care so they can counsel women throughout pregnancy and childbirth with dignity and respect.
- Link health systems with communities to make sure mothers and babies receive the quality care they need.
- Club the Health Clinic with the government's routine immunization and provide health access to the community under one roof. It also increases target coverage and platform for referral, follow-ups, and enhanced networking, linkage, and convergence to yield greater results.

Reaching out to  
**3,60,000+**  
population through maternal child  
health and nutrition care facilities  
in slums and villages.

**924**  
Health clinics conducted

**46,217**  
women and children  
received services

**17,671**  
Women received counseling on  
antenatal care, nutrition, hygiene  
and other associated issues.



## HEALTH CLINIC

Monthly health clinic is one of the key and crucial activity under Maternal Child Health and Nutrition projects. It not only caters to the basic primary maternal child health needs like ante natal check-ups, post natal check-ups, disbursement of medicine, providing food supplements, counselling services but also identify, detect and diagnose anemia and malnutrition condition amongst mothers and children.

## NUTRITION

Nutrition supplement, Nutrition awareness sessions & Cooking demo is one way where the projects meet their goals of improving the health of the mother and child in the slums and rural areas.

- Adequate nutrition supplement reaches the target group through health clinics
- Generation of nutrition awareness and promotion of locally available cheap sources of nutrition is done through continuous counseling of the target patients, cooking demo by the nutritionist, and awareness sessions by the project team.
- Teaching cooking recipes and techniques, which leads to better nutrition and dietary habits through cooking demos, promoting healthy recipes, and using an iron utensil for cooking.

### Health Awareness Sessions on Maternal Child Health and Nutrition

'Sessions on Health Awareness' with targeted groups and communities are one of the most important and instrumental tools to bring about desirable changes in health behaviors. These sessions are conducted for target groups like pregnant ladies, lactating women, and adolescent girls.

Varied topics like Antenatal care, post-natal care, safe motherhood, newborn baby care, colostrum and exclusive breastfeeding, complementary feeding, immunization, etc., are covered.

Our work in equipping women with the most vital tool - knowledge, is transforming lives and helping women take care of self and their family's health.

924  
Number of Health  
Awareness Sessions

21,252  
Number of participants





## MENTAL HEALTH COUNSELING

The arrival of Covid-19 in recent years and its impact on the population made mental health counseling even more important in the preceding year as well as for the upcoming years. Sukarya has incorporated it in the scheme of things as an additional element to address this all-important issue of our current times. Under this aspect, provisions were also made for virtual counseling sessions to scale up the reach of our awareness drive. Dedicated professional help is hired to provide the best services to pregnant and lactating mothers and adolescent girls to help them deal with mental issues. This drive also helps in highlighting the issues and challenges surrounding mental health and its treatment. 1946 women benefitted from this.







## WASH (WATER SANITATION & HYGIENE)

Water, sanitation and hygiene (WASH) interventions aim to improve health outcomes by providing safe water supplies and improved sanitation facilities while also promoting better hygiene practices in the communities.

Community awareness campaigns are organized once in a quarter at each location. During these drives, awareness campaigns are organized by involving local authorities, community stakeholders, and key change agents. Water Sanitation and Hygiene (WASH) practices are taught and WASH committees and WASH promoters are established at these locations. These drives help in increasing overall knowledge of the community and help in bringing an attitude change in society towards health and sanitation. 343 WASH campaigns were done in which 5569 people participated.





## GENDER EQUALITY PROGRAM

Gender Equality is all about giving equal opportunity to women. So, we reach out to adolescent girls living in the slums to educate and empower them through a curriculum-based program enhancing their abilities to lead and succeed without being undermined in their lives.

With a customised curriculum that addresses adolescent sexual health, menstrual hygiene, nutrition, basic rights, family life skills and gender knowledge, the programme helps them understand gender discrimination and social stigma in the context of their lives. Simultaneously, we instill confidence and leadership skills so they can fight the economic and social inequalities which they face on a near daily basis. This in turn helps them inspire other young girls to break free from the shackles of an unfair system and be the change. 4000 adolescent girls were enrolled and 160 lead girls were developed.

Sukarya is now a **Girls Opportunity Alliance** featured organization and this partnership will strengthen our Gender Equality Program - Adolescent Girls Empowerment and Leadership Project.

Through a year-long project we will reach out to 2000 girls in the age group of 10 years to 19 years across slum colonies of Delhi and Gurugram as part of this project.





## EDUCATION FOR SLUM CHILDREN (EDUCATION ON WHEELS)

Education on wheels (EOW) is a unique programme where the school comes home. EOW is a well-equipped bus with computers, TV, and other essential education-related materials.

The project is innovative in its approach by providing multi-grade teaching. Children of different age groups and learning levels are taught together by experienced teachers who use unique methods and techniques to make learning enjoyable.

Since the year 2014, Sukarya has been implementing this unique and innovative model to reach out to children living in the slums of Delhi/Gurugram/NCR who have no access to formal or non-formal education and learning.

In a year where the pandemic was a challenge, we were able to adapt to the challenge and included virtual classes in our scheme of class conduction. Our team was able to enrol a total of 300 students under this initiative.





## HERBALIFE NUTRITION FOUNDATION'S SPECIAL ENDEAVOUR

Herbalife Nutrition Foundation has been providing nutritious meals to 300 slum children studying under Education on Wheels program across Delhi and Gurugram since 2019. Nothing is greater than feeding the hungry children, keeping an eye on their nutritional levels while motivating them to study. And bringing smiles to the faces of these children. The intervention addresses and meets the nutritional requirements of children between the age of 6 to 12, to prevent conditions such as anaemia and malnutrition.







## ECONOMIC EMPOWERMENT OF RURAL WOMEN THROUGH SHGS AND ENTREPRENEURSHIP BUILDING

Spices and Cereals Processing (SACP) Training  
Program - Aap Ke Saathi Learning Centre

Sukarya's women economic empowerment programme works with women living in peri-urban slums and villages. By forming Self Help Groups (SHGs) and collectives they are provided knowledge and skills to save money, access microcredit, engage in income generating activities and become agents of change.

In 2015 Sukarya started a 12-week training program to impart knowledge and practical skills to the women in the villages to independently run their own business of spices and pickles. Under this program, women are given on the job training along with a stipend. The whole process was broadly segmented into - Store keeping and inventory control; Processing and production of spices and pickles; Packaging, Sales and Marketing; Accounting and Financial Management; Business Know How and Entrepreneurship. 40 women and 40 families benefitted.





## COVID 19: THE UNPRECEDENTED CHALLENGES

COVID-19 has impacted billions of lives around the globe. Governments, individuals, businesses, and civil society organizations are battling to save lives, support families, and keep businesses, and organisations afloat. During these unprecedented times, the role of NGOs has become paramount in combating the coronavirus and its impact on society's most vulnerable populations, especially in countries and regions where government services are struggling like in India.

For the grassroots Organizations, like Sukarya the pandemic has imposed multiple challenges which includes all aspects of its work - from running programs, planning finances, exploring resources, arranging logistics, meeting the urgent needs of the targeted people, managing human resource, staffing, and safety and motivation of implementation team and most importantly the budgetary constraints and uncertainties.

The sudden outbreak of pandemic and subsequent lockdown across the country has led for massive unemployment and joblessness particularly in unorganised sector of works where sizable sections of construction workers, labours, hawkers and daily wagers have lost their livelihood which created huge challenge for survival, subsequently the food security and hunger issues arisen massively in urban metropolitan cities.

It became huge challenge for Sukarya to meet the immediate needs of the community for Food security and their safety and protection from the spread of COVID pandemic. Further, another daunting task was to ensure right information about the preventive measures, de-busting the misleading and false information and making sure the COVID appropriate behaviours in the communities.

In spite of all hurdles and uncertainties Sukarya has diligently provided the services to the targeted marginalised communities and reached out to the needy beneficiaries.

The following adaptive strategies have been adopted to meet the project requirements and to address the immediate needs of the people,

1. Technology based implementation of project activities in all our interventions [Health, Education, Gender and economic empowerment of women].
2. Incorporation of COVID awareness & preventive measures and vaccination advocacy with special focus on removing stigma.
3. Addressing the food security and hunger issues
4. Incorporation of mental health counselling for pregnant and lactating women and adolescent girls in the absence of access to PHC.
5. Ensuring support to the Government at grassroots to address the daunting task of spreading correct information, de-busting the misleading information & myths and community mobilization for COVID vaccinations.

Also very thankful to our technical team, consultants, implementation team and frontline workers for their efforts, high spirited attitude, passions and motivations to serve the most neediest sections of the society during this unprecedented COVID crisis.

**4000**  
HUNGRY FAMILIES

**38**  
SLUMS



Millions of Indians lost their livelihoods due to the Covid-19 pandemic, particularly after the devastating second Delta wave of early 2021. As always, the already underprivileged, like the daily wage earners and women and children who live in urban slums, were among the worst hit.

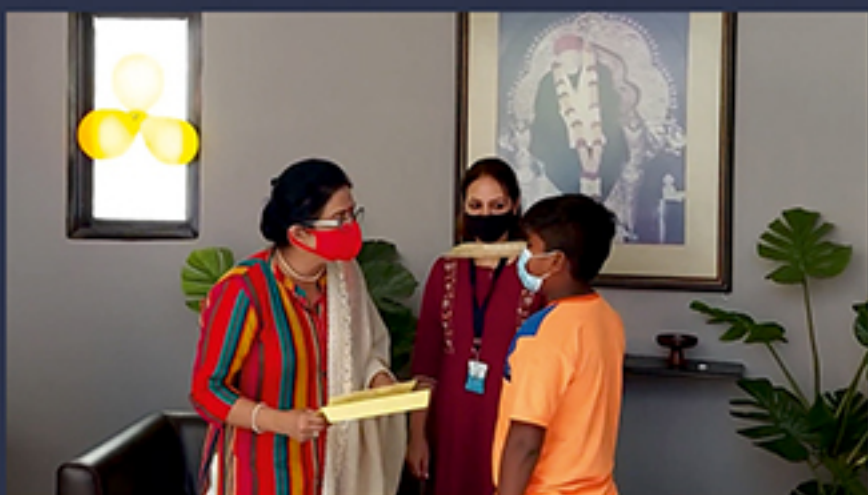
Sukarya, which works to empower women and children in the slums of Delhi and Gurugram, quickly swung into action. Within days, our COVID Relief Food Support Program ensured that thousands of dry food packets were organised and distributed to help these slum-dwellers that faced acute food shortages, with a special focus on reproductive-aged women (15-49 years) and children below five, who are the most susceptible to anaemia and malnutrition. These packets, which contain enough flour, rice, pulses and oil to feed a family of five, were distributed among 38 slums over the past year. Of course, this mission would not have been possible without the prompt and generous support of donors who stepped up to help us.

So on behalf of Sunita, who lives with her five young children in a small tented jhuggi [hutment] in Delhi's Rangpuri Pahadi slum, and Savita, 28, from Inder Camp slum, and hundreds of others from the slums of Samalkha, Kapashera, Naalapar, and more, Team Sukarya India would like to express its immense gratitude to Give India, Sukarya USA, Fidelity International and Herbalife Nutrition Foundation, Charities Aid Foundation India and all the other companies and individuals that helped us with their generous contributions.

Sukarya also organised camps across these slums to sensitize and generate awareness about the safety measures to avoid infections and the benefits of vaccination against the deadly virus. Between May 2021 and March 2022, these interventions helped over 4000 marginalized families, or 20,000 people if we take an average of 5 members per family, living in 38 urban slums in Delhi and Gurugram, tide over an acute crisis of poverty and hunger.

We at Sukarya are humbled and inspired by all the kindness shown by Give India, Sukarya USA, Fidelity International, Herbalife Nutrition Foundation, Charities Aid Foundation India and all our other well-wishers and supporters. We look forward to your continuing good wishes and support as we step up our constant interventions to help those who are less privileged than us.





## EVENTS

### EOW CERTIFICATE DISTRIBUTION 7 AUGUST 2021

On 7 August 2021 certificates were awarded to students of 'Education on Wheels', Delhi who have cleared the Open Basic Education (OBE) Exam conducted by NIOS. They passed their examinations successfully and got these certificates. Now they are ready to join regular schools. The students were overwhelmed with joy. More than them, Sukarya's team was overjoyed and felt triumphant. Indeed, to be able to give the certificates to the slum children who had never been to school or to the children who could not study earlier is no less than a conquest. Congratulations to the team and the students for passing with flying colours.

On this joyous day the trustees Ms. Meera Satpathy, Ms. Renu Sood and Mr. D. S. Kataria were present. Ms. Meera Satpathy Chairperson distributed the certificates and congratulated the successful students and their parents.

We are proud of this achievement because each year's achievement is like a personal emotional journey for each member of the team.







## EVENTS

### POSHAN MAAH CELEBRATION

Sukarya organized an event on 27 September 2021 in Government School Ranyala Village, Firozpur Jhirka Block, Nuh District to celebrate Poshan Maah.

The event was attended by Mr Ranbir Singh - SDM Firozpur Jhirka, Mrs Savita Malik - District Programme Office, ICDS, Nuh, Dr. Krishna Kumar - Senior Medical Officer Firozpur Jhirka, Dr. B. H. Singhal Medical officer incharge (MOIC) Firozpur Jhirka and Ms Mohammadi Begam Ex-chairperson Child Welfare Committee.





## EVENTS

### NUH PRI MEETING

A meeting of Sukarya and stakeholders of Nuh (PRIs) was held on 5 January 2022. It was headed by Chairperson Meera Satpathy, assisted by Director Programs Shahnawaz Shahid and Project Coordinator Mohd. Asif.

The PRIs present were Ishwar Singh Sarpanch Basai village, Harun Sarpanch Umra village, Altaf Hussain Malab village, Sajid Beersika Village, Sekul Ajmat Dihana Village, Mohd Waheed Mahrola Village, Talim Khod Village, Pohap Singh Sarpanch Mamdikhera Village.

Stories were shared, challenges were discussed with a special focus on Maternal child health and nutrition, education of adolescent girls, Covid etc . The roles and responsibilities of sarpanches and their participation for community activities were mainly discussed.

It was very gratifying to know that the sarpanches were very supportive of our activities in Nuh and promised their cooperation in future too.



# PREVENTION AND MANAGEMENT OF ANAEMIA IN ASPIRATIONAL DISTRICTS

26TH FEBRUARY 2022, 10:00 AM – 3:00 PM

A VIRTUAL SEMINAR ORGANISED BY SUKARYA



MS. MEERA SATPATHY  
CHAIRPERSON, SUKARYA



MS. SHREE SAIN  
GLOBAL MANAGER OF SUKARYA

## DISTINGUISHED SPEAKERS



MR. BASANTA KUMAR KAR  
CHIEF ADVISOR-COMMUNITY  
THE QUALITY OF FOOD AND NUTRITION  
SECURITY AND NUTRITION BOARD,  
GOVT. OF INDIA



DR. AMITA VYAS  
ASSOCIATE PROFESSOR AND DIRECTOR OF  
THE NUTRITIONAL AND CLINICAL  
PROGRAMME, DEPARTMENT OF PUBLIC HEALTH  
AND COMMUNITY HEALTH, THE SCIENCE  
MAGAZINE, UNIVERSITY SCHOOL OF  
PUBLIC HEALTH AND HEALTH SERVICES, AND  
NATIONAL NUTRITION BOARD, GOVT. OF INDIA



MR. RANLAL JAMUDA  
BOARD MEMBER, THE QUALITY OF  
FOOD AND NUTRITION SECURITY



DR. SHWETA KHANDEWAL  
NATIONAL NUTRITION BOARD AT THE PUBLIC  
HEALTH FOUNDATION OF INDIA, PUNE, INDIA



DR. SNIGDHA MISRA  
ASSOCIATE PROFESSOR, INTERNATIONAL  
MEDICAL UNIVERSITY, KUALA LUMPUR,  
MALAYSIA



PROF. DR. ARUN K. SINGH  
NATIONAL ADVISOR, INSTITUTE FOR  
SUSTAINABLE NUTRITION, MINISTRY OF  
HEALTH AND FAMILY WELFARE



DR. AASHU KAPUR MEHTA  
CHAIRPERSON, CENTER FOR SENIOR CITIZEN,  
NATIONAL FOUNDATION OF ADOLESCENT, YOUTH AND  
FAMILY HEALTH, NATIONAL INSTITUTE OF  
PUBLIC ADMINISTRATION, NEW DELHI



DR. BADRI NARAYANAN  
GOPALAKRISHNAN  
CHIEF ADVISOR AND HEAD,  
TRAINING AND COMMUNITY HEALTH



MS. SHREYA MANUREKAR  
ASSOCIATE PROGRAM DIRECTOR,  
HEALTHY CHILDREN, INDIA



DR. KAPIL YADAV  
ASSOCIATE PROFESSOR, CENTER  
FOR COMMUNITY HEALTH,  
ALL INDIA INSTITUTE OF MEDICAL SCIENCES,  
NEW DELHI



DR. LALITA BHATTACHARJEE  
DEPUTY NUTRITION ADVISOR,  
FOOD AND NUTRITION SYSTEM  
INTEGRATION UNIT, BARCELONA

REGISTRATION IS FREE BUT COMPULSORY.

## EVENTS

### VIRTUAL SEMINAR

#### Virtual Seminar on Prevention and Management of Anaemia in Aspirational Districts on 26th February 2022

##### The Context

The evidence from the NFHS-4 survey conducted in 2015-16 and NFHS-5 survey conducted in 2019-21 shows a substantial increase in the prevalence of anaemia among children below the age of five as well as adolescents, women and men between 15 to 49 years of age (see Annexure Table 1). Therefore, Sukarya decided to organise a Seminar to bring together leading experts in this area to discuss the Prevention and Management of Anaemia in Aspirational Districts. The Seminar was organised virtually on 26th February 2022.

Ms Meera Satpathy, Founder & Chairperson, Sukarya, set the context for the Seminar through her opening remarks. She also introduced Ms Shree Saini, Sukarya's Global Ambassador. The Distinguished Speakers spoke on the following issues:

- Transforming Anaemia Landscape
- Prevention and Treatment of Anaemia is key to Women's Economic Empowerment
- Enforcement of the provisions under the National Food Security Act, 2013
- Impact of Maternal Anaemia on the nutritional status among under- fives.
- Tackling Anaemia in India: Aspiration vs reality
- Prevention and management of Anaemia in Urban Informal settlements in Mumbai
- Data-driven strategies for Public Health
- Anaemia Mukt Bharat - the journey so far
- Combating Anaemia: Food based Approaches
- Anaemia and cognition in child

This was followed by a Round Table and a closing session.

## THE DISTINGUISHED SPEAKERS AT THE SEMINAR WERE:

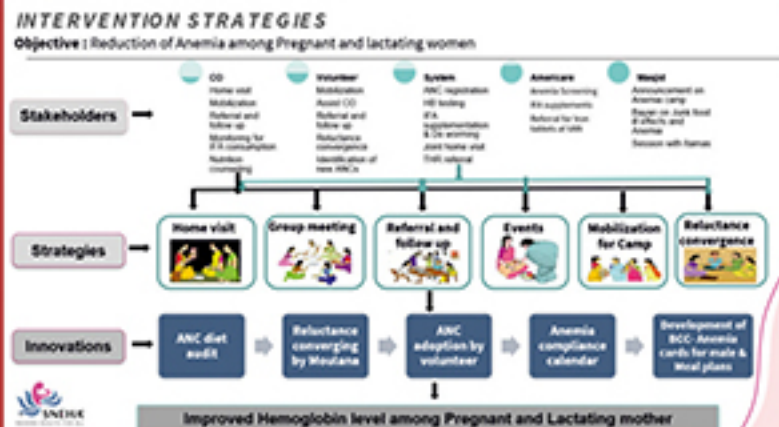
- Ms. Meera Satpathy – Founder & Chairperson, Sukarya
- Ms. Shree Saini – Miss World America 2021 and Global Ambassador of Sukarya
- Mr. Basant Kumar Kar – Chief Advisor cum Mentor, The Coalition for Food and Nutrition Security and Chair, Nutrition Board, Sukarya
- Dr. Amita Vyas – Associate Professor and Director of the Maternal and Child Health Program, Department of Prevention and Community Health, The George Washington University School of Public Health and Health Services; and Adviser, Nutrition Board, Sukarya.
- Dr. Surender Kumar Yadav – Chief Medical Officer, Nuh
- Dr. Basant Dubey – District Immunization Officer, Nuh
- Mr. Ranglal Jamuda – Board Secretary, The Coalition for Food and Nutrition Security
- Dr. Snigdha Misra – Associate Professor, International Medical University, Kuala Lumpur, Malaysia
- Dr. Shweta Khandelwal – Head, Nutrition Research, Public Health Foundation of India (PHFI), Delhi
- Ms. Shreya Manjrekar – Associate Program Director, Healthy Cities Project, SNEHA
- Dr. Badri Narayanan Gopalakrishnan – Lead Adviser and Head, Trade and Commerce, NITI Aayog
- Dr. Kapil Yadav – Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences (AIIMS), New Delhi
- Dr. Lalita Bhattacharjee – Senior Nutrition Adviser, Food and Agriculture Organisation (FAO), Bangkok
- Prof. Dr. Arun Kr. Singh – National Advisor, Rashtriya Bal Swasthya Karyakram, Ministry of Health & Family Welfare, Government of India
- Professor Aasha Kapur Mehta – Chairperson, Centre for Gender Studies, Institute for Human Development, New Delhi and Former Professor, Indian Institute of Public Administration, New Delhi

## India has Goldmine of Impact Models

(NFHS-III 2005-06 and NFHS-IV 2011-12)



\* Annual Average Rate of Reduction (AARR) is the average relative percent decrease per year in prevalence or rate.







## EVENTS

### FASHION WALK TO CELEBRATE WOMEN'S DAY

It was an unique Fashion Walk to celebrate Women's Day on March 6, 2022 at Sukarya, Gurugram. Gorgeous, beautiful and confident ladies of all age groups from all walks of life walked on the ramp to the tune of Bollywood music to salute our young adolescent girls from slum communities of Delhi and Gurugram under our Gender Equality Program. They walked together to support Sukarya for the upliftment of women and young girls of our society. The theme was to "Give a Voice and Break the Bias".

The distinguished guests included Mrs India International Queen 2021 Dr. Jyotsana Chadha (PT) from Gurugram and Ms. Latika Thukral who transformed Gurugram by planting millions of trees and she was awarded the Nari Shakti Award in 2015 by the President of India. ari Shakti Award in 2015 by the President of India.



## CREDIBILITY ALLIANCE NORMS COMPLIANCE REPORT

### Identity:

Sukarya is registered as a not-for-profit Trust under the Indian Trusts Act (Registration Number: 7373, Dated August 3, 2000)

We are registered U/S 12A of the Income Tax Act 1961, Registration Number: 645 dated 15<sup>th</sup> January 2001 and under section 80 G Registration Number: DIT (E)/2011-12/S-2784/3338

FCRA Registration No.: 231660689 dated 31st March 2006

Name and Address of the Auditors: Gagan Mehra & Associates 8731, 14B, Shidhipura, Karol Bagh, New Delhi. 110005

Name and Address of Banker: Axis Bank Ltd., 29 CC, Basant Lok Complex, Vasant Vihar, New Delhi

### VISION AND MISSION:

Vision: The vision of Sukarya is health for all. "Better Health, Better Society"; a society in which citizens enjoy holistic health and their well-being. Healthy and Successful citizens contribute actively to overall growth of their family, Community and the society.

### MISSION:

- To improve maternal and child health
- To advocate, promote and sensitise communities on Primary Health Care, Reproductive Child Health and Family Planning.
- To advocate, encourage and guide positive 'health-seeking behaviour with special emphasis on physical, mental and social well-being.
- To empower women by strengthening their physical, emotional well-being and economic stability.

### DETAILS OF BOARD OF TRUSTEES - GOVERNING BODY

S. No.	NAME	AGE	GENDER	Position in the Board	Total amount paid in the financial year	Form of payment Salary/Consultancy/ Honorarium/ Sitting Fee/other (Specify)
1.	Ms. Meera Satpathy	69	Female	Chairperson	0	0
2.	Mrs Pushpa Indernath	84	Female	Trustee	0	0
3.	Ms. Renu Sood	59	Female	Trustee	0	0
4.	Mr. D S Kataria	68	Male	Trustee	0	0

Total Cost of international Travel by all personnel - NIL

## FINANCIAL ANALYSIS

	2020-21		2021-22	
<b>Total Revenue</b>	<b>1,42,90,045.63</b>	<b>%</b>	<b>2,66,24,597.00</b>	<b>%</b>
Grants Received Indian Institution	55,70,667.90	38.98	1,05,33,517.00	39.56
Grants Received from foreign Donors Under FCRA	55,52,448.01	38.86	96,33,839.00	36.18
General Donation	15,48,211.72	10.83	46,34,875.00	17.41
Self Generated funds	3,34,520.00	2.34	2,54,150.00	0.95
Interest & Other Receipts	12,84,198.00	8.99	15,68,216.00	5.89
<b>Total Expenditure</b>	<b>1,29,08,092.66</b>	<b>%</b>	<b>2,07,02,184.00</b>	<b>%</b>
On Projects	1,02,66,326.90	79.53	1,59,33,516.00	76.97
On self Generation Program	14,000.00	0.11	5,59,913.00	2.70
Other Administrative expenditure	26,27,765.76	20.36	42,08,755.00	20.33
<b>Project Expenditure on Field wise</b>		<b>%</b>		<b>%</b>
Integrated Rural Development Program	2,70,882.89	2.64		
Education On Wheels	20,91,010.00	20.37	19,11,348.00	12.00
Basic Health Care (Slum Health)	9,50,601.00	9.26	2,61,904.00	1.64
Prevention & control of Anemia & Malnutrition Project	40,44,440.90	39.40	81,72,786.00	51.29
Women Empowerment Project	2,09,500.00	2.04	1,57,403.00	0.99
Nutrition Supplements for Slum Children	22,64,085.00	22.05	-	-
Covid-19 Relief activities			40,28,661.00	25.28
Gender Equality & Leadership Program	4,35,807.11	4.25	14,01,414.00	8.80
<b>Total Assets</b>	<b>2,36,19,789.00</b>	<b>%</b>	<b>3,24,50,072.00</b>	<b>%</b>
Fixed Assets	51,73,057.00	21.90	50,89,552.00	15.68
Cash & Bank balance	67,81,291.00	28.71	1,56,21,840.00	48.14
investment- Fixed Deposit in Bank	1,10,80,090.00	46.91	1,16,06,604.00	35.77
Other Current Assets	5,85,351.00	2.48	1,32,076.00	0.41



**Sr Sukarya**  
STRIVING FOR A BETTER SOCIETY

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