



ANNUAL  
REPORT  
2020-21



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## COVID 19: THE UNPRECEDENTED CHALLENGES

COVID-19 has impacted billions of lives around the globe. Governments, individuals, businesses, and civil society organizations are battling to save lives, support families, and keep businesses, and organisations afloat. During these unprecedented times, the role of NGOs has become paramount in combating the coronavirus and its impact on society's most vulnerable populations, especially in countries and regions where government services are struggling like in India.

For the grassroots Organizations, like Sukarya the pandemic has imposed multiple challenges which includes all aspects of its work -from running programs, planning finances, exploring resources, arranging logistics , meeting the urgent needs of the targeted people , managing human resource ,staffing ,and safety and motivation of implementation team and most importantly the budgetary constraints and uncertainties.

The sudden outbreak of pandemic and subsequent lockdown across the country has led for massive unemployment and joblessness particularly in unorganised sector of works where sizable sections of construction workers, labours, hawkers and daily wagers have lost their livelihood which created huge challenge for survival, subsequently the food security and hunger issues arisen massively in urban metropolitan cities.

It became huge challenge for Sukarya to meet the immediate needs of the community for Food security and their safety and protection from the spread of COVID pandemic. Further, another daunting task was to ensure right information about the preventive measures, de-busting the misleading and false information and making sure the COVID appropriate behaviours in the communities.

In spite of all hurdles and uncertainties Sukarya has diligently provided the services to the targeted marginalised communities and reached out to the needy beneficiaries.

The following adaptive strategies have been adopted to meet the project requirements and to address the immediate needs of the people,

1. Technology based implementation of project activities in all our interventions [Health, Education, Gender and economic empowerment of women].
2. Incorporation of COVID awareness & preventive measures and vaccination advocacy with special focus on removing stigma.
3. Addressing the food security and hunger issues
4. Incorporation of mental health counselling for pregnant and lactating women and adolescent girls in the absence of access to PHC.
5. Ensuring support to the Government at grassroots to address the daunting task of spreading correct information, de-busting the misleading information & myths and community mobilization for COVID vaccinations.

Also very thankful to our technical team, consultants, implementation team and frontline workers for their efforts, high spirited attitude, passions and motivations to serve the most neediest sections of the society during this unprecedented COVID crisis.



## GEOGRAPHICAL PRESENCE



## WHAT WE DO

- Direct Implementation of the projects
- Service Delivery
- Gap filling and Supply strengthening
- Demand Generation
- Linking Community with Governmental Schemes
- Capacity Building of Communities
- Capacity building of PRIs /Local self-governance
- Community mobilization and Behavior Change Communication
- Community based advocacy and campaigning

## CORE AREAS OF WORK

- HEALTH AND NUTRITION
- EDUCATION
- GENDER EQUALITY
- WOMEN EMPOWERMENT

## OUR PROGRAMS

- MNCHN+A [ Maternal Neo Natal Child Health and Nutrition + Adolescent ]
- WASH [Water Sanitation & Hygiene]
- Informal and Remedial Education
- Gender Equality
- Economic empowerment of rural women

# MNCHN + A

MATERNAL NEO-NATAL CHILD HEALTH AND NUTRITION + ADOLESCENT HEALTH

1. USHA - Urban Slum Health Action.
2. RCHA - Rural Community Health Action.





## USHA REACH OUT

89

No. of Health Clinics organized

5322

No. of Patients

1718

No. of Pregnant Women

2088

No. of Lactating Women

1718

No. of ANCs [Ante natal care]

691

No. of PNCs [Poste natal care]

3710

No. of Counselling sessions

1037

No. of Anemic cases identified & treated

1303

No. of Children [0-5 yrs.] attended

191

No. of Malnourished children identified & treated

6556

No. of Home visits and follow ups done through CHWs [Community Health workers]

96

No. of cases referred to government facility centers

Number of Health Awareness Sessions on 12 points of MCHN - 71

Number of participants - 1880



## RCHA REACH OUT

55

No. of Health Clinics organized

3462

No. of Patients treated

589

No. of Pregnant Women

563

No. of Lactating Women

589

No. of ANCs [Ante natal care]

563

No. of PNCs [Post natal care]

1877

No. of Counselling sessions

771

No. of Anemic cases identified & treated

1310

No. of Children [0-5 yrs.] attended

113

No. of Malnourished children identified & treated

552

No. of Home visits/ follow ups done through CHWs [Community Health workers]

113

No. of cases referred to government facility centers

## HEALTH AWARENESS SESSIONS AND BEHAVIOUR CHANGE COMMUNICATION

Health Awareness sessions and Behavior change Communication meetings

574

No. of Health Awareness sessions organized on 12 themes of MCHN

9501

No. of people participated

175

No. of BCC meetings organized with Key community stakeholders

875

No. of people participated



# NUTRITION INTERVENTION

64

No. of Nutrition Classes organized

1462

No. of people attended

38

No. of Cooking Classes organized

902

No. of people attended

2998

No. of Nutrition counselling sessions

960

No. of Nutrition food packets distributed

946

No. of Nutrition supplement kits distributed

30

No. of Nutrition promoters developed in the community



# WASH [WATER, SANITATION & HYGIENE]

24

No. of Sanitation campaigns organized

697

No. of people participated

15

No. of WASH committees formed

147

No. of people become the member of WASH committees

30

No. of WASH promoters developed in the community





# EDUCATION FOR SLUM CHILDREN (EDUCATION ON WHEELS)

Education on Wheels (EOW) is a unique programme where the school comes home, virtually to the doorstep of the student. Making the learning process exciting, novel and convenient, the EOW is a well-equipped bus which is mobile and it moves with teachers to different locations. It has on board computers, television and other essential education related materials.

The key objective of the project is to reach the vast majority of children who are living in vulnerable conditions and are unable to access education in a favourable learning environment. It aims to educate children living on the streets and in impoverished neighborhoods by providing them functional literacy so they can manage their lives better and be an asset to their families and society. It is designed to enable non-school going children to acquire minimum knowledge and skills and mainstreaming them in formal schools.

This year inspite of the continued pandemic Sukarya could continue its intervention.

## DELIVERABLES

3 EOW BUS

300 CHILDREN ENROLLMENT

166 STUDENTS REGISTERED WITH GOVERNMENT'S OBE  
[OPEN BASIC EXAMINATION]

145 STUDENTS APPEARED FOR OBE EXAMINATION



1572

Routine Classes

786

NFE classes

786

REC classes

78

Computer literacy classes

7

Life Skills sessions

56

Monthly Examinations

11

Celebration of events

1916

Home visits and follow ups and counselling of children and parents

35

Special tutorial classes

36

Parent teacher meeting







## HERBALIFE NUTRITION FOUNDATION'S SPECIAL ENDEAVOUR

**300** TOTAL NUMBER OF CHILDREN BENEFITED OUT OF THIS INTERVENTION

**162** TOTAL NUMBER OF DAYS NUTRITION BREAKFAST DISTRIBUTED

**31796** TOTAL NUMBER OF NUTRITION BREAKFAST PACKETS DISTRIBUTED

### GENDER EQUALITY PROGRAM

Sukarya is committed to advancing the Health and Gender rights of adolescent girls through comprehensive module based training on Adolescent Reproductive & Sexual health, Family Life education and Gender rights.

**1300** ADOLESCENT GIRLS ENROLLED

**26** BATCHES MADE

**91** MODULE BASED TRAININGS CONDUCTED

**6** TOPICS OF TRAINING [ ADOLESCENT HEALTH , REPRODUCTIVE & SEXUAL HEALTH , MENSTRUAL HYGIENE , FAMILY LIFE EDUCATION , SAFETY MEASURES AND COPING MECHANISM , AND GENDER & GENDER BASED DISCRIMINATIONS ].

**40** LEAD GIRLS DEVELOPED

**6** EXCLUSIVE TRAININGS FOR LEAD GIRLS



## ECONOMIC EMPOWERMENT OF RURAL WOMEN THROUGH SHGs AND ENTREPRENEURSHIP BUILDING

This Particular program designed to empower the rural women by providing skills training leading towards sustainable income generation / creating livelihood options and promoting small entrepreneurship to make them economically reliant and socially empowered.

### DEVELOPMENT MATRIX:



### 6 FOLD TRAINING MODEL:

STOREKEEPING

PROCESSING & PRODUCTION

PACKAGING

SELLING & MARKETING

ACCOUNTING & FINANCIAL MANAGEMENT

BUSINESS KNOW HOW ' AND ENTREPRENEURSHIP

### BENEFICIARY/REACH OUT:

5 Women have acquired the comprehensive apprenticeship training on Cereal processing and entrepreneurship.

## COVID 19 PREVENTIVE MEASURES AND ACTION

625 NUMBER OF AWARENESS SESSIONS ON COVID 19

10314 NUMBER OF PEOPLE PARTICIPATED

38 COVID TESTING CAMPS

38 NO.OF PEOPLE TESTED

114 TRACING AND REFERRALS OF COVID SYMPTOMATIC CASES TO THE GOVERNMENT HEALTH SYSTEM

7 TRAINING ON COVID 19 FOR FRONTLINE WORKERS AND PROJECT TEAM

600 DISTRIBUTION OF MASKS AND HYGIENE KITS

ADDRESSING THE MALNUTRITION & HUNGER CRISIS AND ENSURING THE FOOD SECURITY FOR THE MARGINALIZED URBAN SLUM POORER.

600 DISTRIBUTION OF DRY RATION FOOD PACKS

600 DISTRIBUTION OF NUTRITION SUPPLEMENT KITS





## BEST PRACTICES

### MOTHERS GROUP

Mothers Group has been formed across the project locations in order to strengthen the community based knowledge, awareness and practice about maternal child health care. The forum is for the pregnant, lactating and newly married women to share, care and learn 'about safe motherhood practices. They meet on monthly basis and the meetings and activities are carried out by them in presence of Community Health workers. This innovative concept has been initiated to ensure better outcomes of the intervention and long term sustainability.

### NUTRITION PROMOTERS

The Nutrition promoters are being developed from all the project locations and they are actively engaged for promoting the low cost, locally available nutrition products in their localities. They are also responsible to organize all the nutrition related activities in their respective area locations.

### COMMUNITY HEALTH & NUTRITION VOLUNTEERS

The community Health & Nutrition Volunteers are selected and being developed to execute the health and nutrition activities in their respective villages. They have been actively engaged to sensitize the target groups and community on maternal child health care and nutrition. They do number of activities in the field which includes home visits & follow ups and organizing meetings, cooking demonstrations and nutrition awareness classes.

### WASH PROMOTERS

Across the Urban slum locations, the WASH [Water, Sanitation and Hygiene] promoters have been trained and developed to lead the WASH activities and promote the correct practices in their respective community locations. The WASH committees are created and the active members of the committees are taking initiatives for cleanliness drives, setting up waste disposal mechanism and sensitizing about the water borne diseases. The positive changes are seen across many project locations because of their active involvements and ownerships.

### LEAD GIRLS BECOME CORONA WARRIORS

The trained "Lead Girls" from Adolescent Girls Empowerment and Leadership Program is actively involved in spreading the right information and messages in their respective communities about Health and Hygiene particularly amongst their peers and women group. During the COVID 19 crisis they have proved to be an asset and worked shoulder to shoulder with government frontline workers like AWWs and ASHAs, in sensitizing the people on preventive measures of the COVID19. They all emerged as "Corona warriors".

### CHILDREN BECOMING AMBASSADORS FOR CHANGE

The passed out students from Education on Wheels [EOW] Project, Delhi has been actively involved for identifying the new children from their respective area locations for the admissions in the new academic sessions under EOW project. They go door to door and meet the children and their parents and convince them for admissions, further they connect them with EOW team. They also download the zoom apps in their mobiles and demonstrate them about the technicalities and Dos & Dont's about online /virtual classes. They truly become as ambassadors for change.



## ADOPTED TECHNOLOGY TO ENHANCE THE REACH AND ACCESS OF SERVICES TO THE CLIENTS.

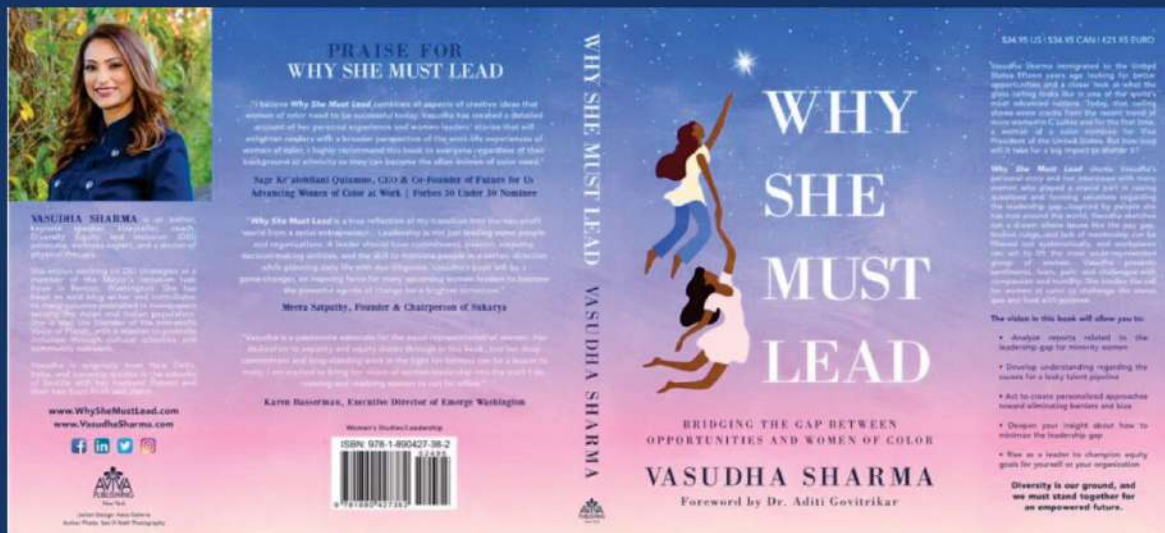
1. Introduced Online /Virtual classes for slum children studying under EOW project.
2. Introduced Tele-medicine, tele- counseling for the targeted beneficiaries.
3. Introduced online/ Virtual Nutrition classes, health Awareness sessions and COVID awareness sessions.
4. Initiated online /virtual trainings for adolescent girls under gender equality project.
5. Introduced App based data collection / service delivery updates for Maternal Child Health and Nutrition projects.

# ACHIEVEMENTS

## Why She Must Lead

Our founder and chairperson, Meera Satpathy has been featured among prominent female leaders from diverse backgrounds in "Why She Must Lead," a book by the author, keynote speaker, and storyteller Vasudha Sharma. The book interviews prominent women leaders like Ms. Satpathy to understand why despite a century of progress, women are still missing in positions of leadership when they can be potential change-makers of our society and of the country. Let us try not to silence them, let us try not to undermine, just be there as a supporting society. And look for the transformation.

"Meera's relentless leadership and collaborative approach in championing the cause of underprivileged women, children, and adolescent girls impressed me the most as it syncs with the essence of my book", says Vasudha Sharma, the U.S.-based author of the book. "Due to Meera's persistence, today Sukarya isn't merely a developmental organization focusing on health, but an empowerment organization that raises awareness to a new height for the young children and adolescent girls living in the slums", she added.



# CREDIBILITY ALLIANCE NORMS COMPLIANCE REPORT

## IDENTITY:

Sukarya is registered as a not-for-profit Trust under the Indian Trusts Act (Registration Number: 7373, Dated August 3, 2000)

We are registered U/S 12A of the Income Tax Act 1961, Registration Number: 645 dated 15<sup>th</sup> January 2001 and under section 80 G Registration Number: **DIT (E)/2011-12/S-2784/3338**

**FCRA Registration No.:** 231660689 dated 31st March 2006

**Name and Address of the Auditors:** Gagan Mehra & Associates 8731, 14B, Shidhipura, Karol Bagh, New Delhi. 110005

**Name and Address of Banker:** Axis Bank Ltd., 29 CC, Basant Lok Complex, Vasant Vihar, New Delhi

## VISION AND MISSION:

Sukarya's Mission has been to ensure fair and equitable access to quality health services for all, including the poorest sections of society, especially women, adolescents and children. Each of the interventions are designed and implemented to meet the following objectives:

- To improve maternal and child health;
- To advocate, promote and sensitise communities on Primary Health Care, Reproductive Child Health and Family Planning;
- To advocate, encourage and guide positive health-seeking behaviours with special emphasis on physical, mental and social well-being;
- To empower women by strengthening their physical, emotional well-being and economic stability;
- To educate and empower children and youth to lead a healthier and more dignified life; and
- To promote gender equality, equity, and justice.

*Sukarya's Vision is to enable local communities believe in their own abilities to bring about change by providing them access to basic healthcare, nutrition and education to live a healthy successful life and strive for a better society.*

## DETAILS OF BOARD OF TRUSTEES GOVERNING BODY

S. No.	NAME	AGE	GENDER	Position in the Board	Total amount paid in the financial year	Form of payment Salary/ Consultancy/ Honorarium/ Sitting Fee/ other (Specify)
1.	Ms. Meera Satpathy	68	Female	Chairperson	0	0
2.	Mrs Pushpa Indernath	83	Female	Trustee	0	0
3.	Ms. Renu Sood	58	Female	Trustee	0	0
4.	Mr. D S Kataria	67	Male	Trustee	0	0

Total Cost of international Travel by all personnel - NIL

### STAFF Details as on 31st March 2021

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	1	—	1
5,000 - 10,000	1	—	1
10,000 - 25,000	3	7	10
25,000 - 50,000	4	2	6
50,000 - 1,00,000	1	—	1
Greater than 1,00,000	—	—	0

Remuneration of Highest paid staff: Rs 85000/-

Remuneration of the lowest paid staff : 12000/-

### PAID VOLUNTEER

Slab of Paid Volunteer	Male	Female	Total
Less than 5000	—	12	12
5,000 - 10,000	—	—	—
10,000 - 25,000	—	—	—
25,000 - 50,000	—	—	—
50,000 - 1,00,000	—	—	—
Greater than 1,00,000	—	—	—

# FINANCIAL ANALYSIS

	2020-21		2019-20	
<b>Total Revenue</b>	<b>14,290,045.63</b>	<b>%</b>	<b>14,592,580.81</b>	<b>%</b>
Grants Received Indian Institution	5,570,667.90	38.98	6,263,890.00	42.93
Grants Received from foregin Donors Under FCRA	5,552,448.01	38.86	3,694,756.81	25.32
General Donation	1,548,211.72	10.83	2,809,964.00	19.26
Self Generated funds	334,520.00	2.34	392,935.00	2.69
Interest & Other Receipts	1,284,198.00	8.99	1,431,035.00	9.81
<b>Total Expenditure</b>	<b>12,908,092.66</b>	<b>%</b>	<b>14,278,973.50</b>	<b>%</b>
On Projects	10,266,326.90	79.53	9,139,832.11	64.01
On self Generation Program	14,000.00	0.11	1,497,706.00	10.49
Other Administrative expenditure	2,627,765.76	20.36	3,641,435.39	25.50
<b>Project Expenditure on Field wise</b>		<b>%</b>		<b>%</b>
Intregated Rural Devlopment Program	270,882.89	2.64	-	-
Education On Wheels	2,091,010.00	20.37	2,076,876.09	22.72
Basic Health Care (Slum Health)	950,601.00	9.26	1,116,860.00	12.22
Prevention & control of Anemia & Malnutrition Project	4,044,440.90	39.40	4,819,899.00	52.74
Women Empowerment Peoject	209,500.00	2.04	-	-
Nutrition Supplements for Slum Children	2,264,085.00	22.05	575,414.02	6.30
Gender Equality & Leadership Program	435,807.11	4.25	550,783.00	6.03
<b>Total Assets</b>	<b>23,619,789.00</b>	<b>%</b>	<b>25,304,442.30</b>	<b>%</b>
Fixed Assets	5,173,057.00	21.90	5,753,178.00	22.74
Cash & Bank balance	6,781,291.00	28.71	10,737,905.30	42.43
investment- Fixed Deposit in Bank	11,080,090.00	46.91	8,297,198.00	32.79
Other Current Assets	585,351.00	2.48	516,161.00	2.04

