



Annual Report
2019-20

REPRODUCTIVE, MATERNAL, NEWBORN CHILD, AND ADOLESCENT HEALTH [RMNCAH]+NUTRITION

Safe pregnancy, motherhood, and childhood are fundamental human rights. Sukarya works towards outcomes that increase accessibility and availability to maternal and child healthcare services, focusing on an integrated health care model from birth through childhood with the continuum of care approach.



The program aims to improve the maternal and child health (MCH) status of mothers and infants, reduce infant mortality rate (IMR) and morbidity amongst children and mothers and improve overall knowledge, attitude, and practice (KAP) of communities towards RMNCH +A and nutrition.



NUH HARYANA



SECTOR 56 SLUM, GURUGRAM



HAMIRAK VILLAGE, TIJARA RAJASTHAN



ROOPVAS VILLAGE, TIJARA RAJASTHAN



SONIA GANDHI CAMP SLUM, DELHI



KAPASHERA, DELHI



SECTOR 58 GURUGRAM

SERVICES AT A GLANCE

- Health Clinics
- Screening, Diagnosis & treatment
- Counselling
- Medicine supplements disbursement
- Nutrition supplements
- Basic laboratory check-ups
- Antenatal and postnatal care services
- Home visits and follow-ups
- Referrals

BENEFICIARIES REACH OUT/ COVERAGE

264 HEALTH CLINICS

15040 PATIENTS TREATED

16200

PEOPLE WERE GIVEN KNOWLEDGE AND INFORMATION THROUGH HEALTH AWARENESS SESSIONS

5280

WOMEN OF REPRODUCTIVE AGE-GROUP WOMEN RECEIVED COUNSELLING SERVICES

13560

HOME VISITS AND FOLLOW-UPS WERE MADE FOR THE BENEFICIARIES



SURYA VIHAR, DELHI



MANDHA VILLAGE, TIJARA RAJASTHAN

NUTRITION INTERVENTION

We are tackling Malnutrition by empowering and educating the communities on good dietary habits and nutrition practices, especially for pregnant & lactating mothers and children.

62

NUTRITION AND COOKING DEMONSTRATION CLASSES WERE HELD

1860

BENEFICIARIES WERE PARTICIPANTS

64

NUTRITION PROMOTERS WERE DEVELOPED



SECTOR 56 SLUM, GURUGRAM



NATHUPUR GURUGRAM

NUTRITION INTERVENTION BY HERBALIFE NUTRITION FOUNDATION FOR EDUCATION ON WHEELS CHILDREN

Herbalife Nutrition Foundation's continued support to Sukarya for education and nutritional meals takes care of 300 children under the "Education on Wheels" program across Delhi and Gurugram.

Nothing is greater than feeding the hungry children, keeping an eye on their nutritional levels while motivating them to study.

MEAL DISTRIBUTION IN THE SLUMS OF DELHI AND GURUGRAM



WASH [WATER, HYGIENE, AND SANITATION] INTERVENTION

Water, sanitation, and hygiene (WASH) interventions aim to improve health outcomes by providing safe water supplies and improved sanitation facilities while also promoting better hygiene practices in communities.

14
INTERVENTION AREA

40
WASH CAMPAIGNS

2200
PARTICIPANTS/BENEFICIARIES

112
HYGIENE PROMOTERS
DEVELOPED ACROSS THE 14
PROJECT LOCATIONS



SONIA GANDHI CAMP DELHI



SURYA VIHAR DELHI

GENDER EQUALITY PROGRAM TO EMPOWER ADOLESCENT GIRLS

SUKARYA is committed to Advancing the Health and Gender rights of adolescent girls through comprehensive module-based training on Adolescent Reproductive & Sexual Health, Family Life Education, and Gender rights.

Primarily the access to knowledge and information on adolescent reproductive & sexual health and gender education is non-existent in India. In urban slums and rural villages, the situation is worse since most families live in vulnerable conditions with minimal resources.

Adolescence is a decisive age for girls around the world. What transpires during a girl's teenage years shapes the direction of her life and that of her family. For many girls in developing countries like India, the mere onset of puberty during adolescence marks a time of heightened vulnerability— leaving school, child marriage, early pregnancy, HIV, sexual exploitation, coercion, and violence. Adolescent girls are less likely than older women to access sexual and reproductive health care, including modern contraception and skilled assistance during pregnancy and childbirth.

SUKARYA Program has two verticals,

SCHOOL

COMMUNITY



GHATA GURUGRAM



WAZIRADBAD GURUGRAM

SCHOOL



TARACHAND DELHI



WAZIRABAD GURUGRAM



NATHUPUR GURUGRAM

COMMUNITY



TARACHAND CAMP DELHI



HOTI CAMP DELHI



SONIA GANDHI CAMP DELHI

BENEFICIARIES REACH OUT/ COVERAGE

1200 GIRLS
TRAINED

3 SLUM COMMUNITIES

3 SCHOOLS

12 BATCHES

12 BATCHES

72 TRAININGS

72 TRAININGS

600 GIRLS

600 GIRLS

24 LEAD GIRLS TRAINED &
DEVELOPED TO BECOME
AS COMMUNITY RESOURCE/
CHANGE AGENTS ACROSS
THE PROJECT LOCATIONS

INFORMAL EDUCATION FOR SLUM CHILDREN

'EDUCATION ON WHEELS' PROGRAM

The census data shows that as many as 8.4 crore children still don't go to schools in India.

Given this backdrop, SUKARYA provides accessible, affordable, reliable, and efficient learning opportunities for underprivileged children residing in slum locations to be mainstreamed into government schools.

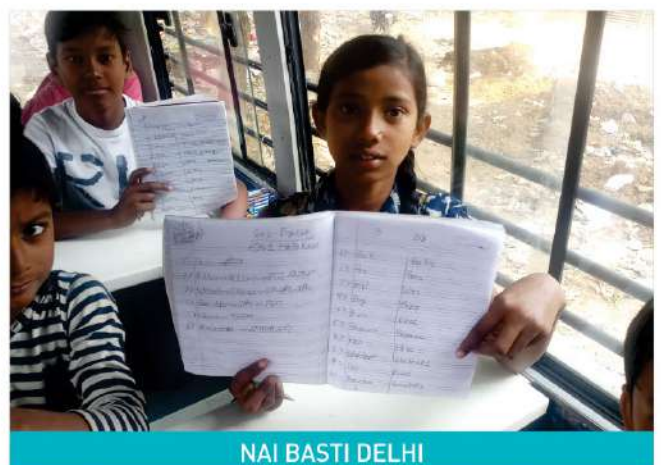
Education on Wheels (EOW) is a unique program where the school comes home, virtually, to the student's doorstep. Making the learning process exciting, novel, and convenient, the EOW is a well-equipped bus that is mobile and moves with teachers to different locations. It has computers, television, and other essential education-related materials on-board.



OBE STUDENTS POSING AFTER EXAM



SECTOR 57 GURUGRAM



NAI BASTI DELHI

KEY FEATURES OF THE PROGRAM:

- Multi grade teaching
- Child-centric curriculum
- Individual focus & attention to each child
- Enjoyable Learning environment
- Parent Teacher meetings
- Home visits & Follow-ups
- Counselling to children and their parents
- Non- formal education [NFE] and Remedial Education Classes [REC] categories
- Life skills sessions
- Computer/Digital Education
- Monthly Written & Oral Examination
- Latent Talent Exploration

BENEFICIARIES REACH OUT/ COVERAGE

29

STUDENTS APPEARED AND CLEARED THE GOVERNMENT'S OPEN BASIC EXAMINATION

165

CHILDREN DIRECTLY MAINSTREAMED INTO GOVERNMENT/FORMAL SCHOOLS IN CLASSES 1ST , 3RD AND 5TH



ECONOMIC EMPOWERMENT OF RURAL WOMEN THROUGH SELF HELP GROUPS (SHG) AND ENTREPRENEURSHIP

Women's financial and social status in rural India remains a matter of great concern due to illiteracy, poverty, gender disparity, and unemployment.

SUKARYA aims to provide socio-economic empowerment to rural women through SHGs by promoting livelihood enhancement and micro-entrepreneurship initiatives. It builds their confidence and self-belief while demonstrating the power of collective action. SHGs also provide benefits like upskilling, resource management, revenue generation, and bank linkages.

THE DEVELOPMENT MATRIX:

1

FORMATION &
STRENGTHENING
OF SHGS

2

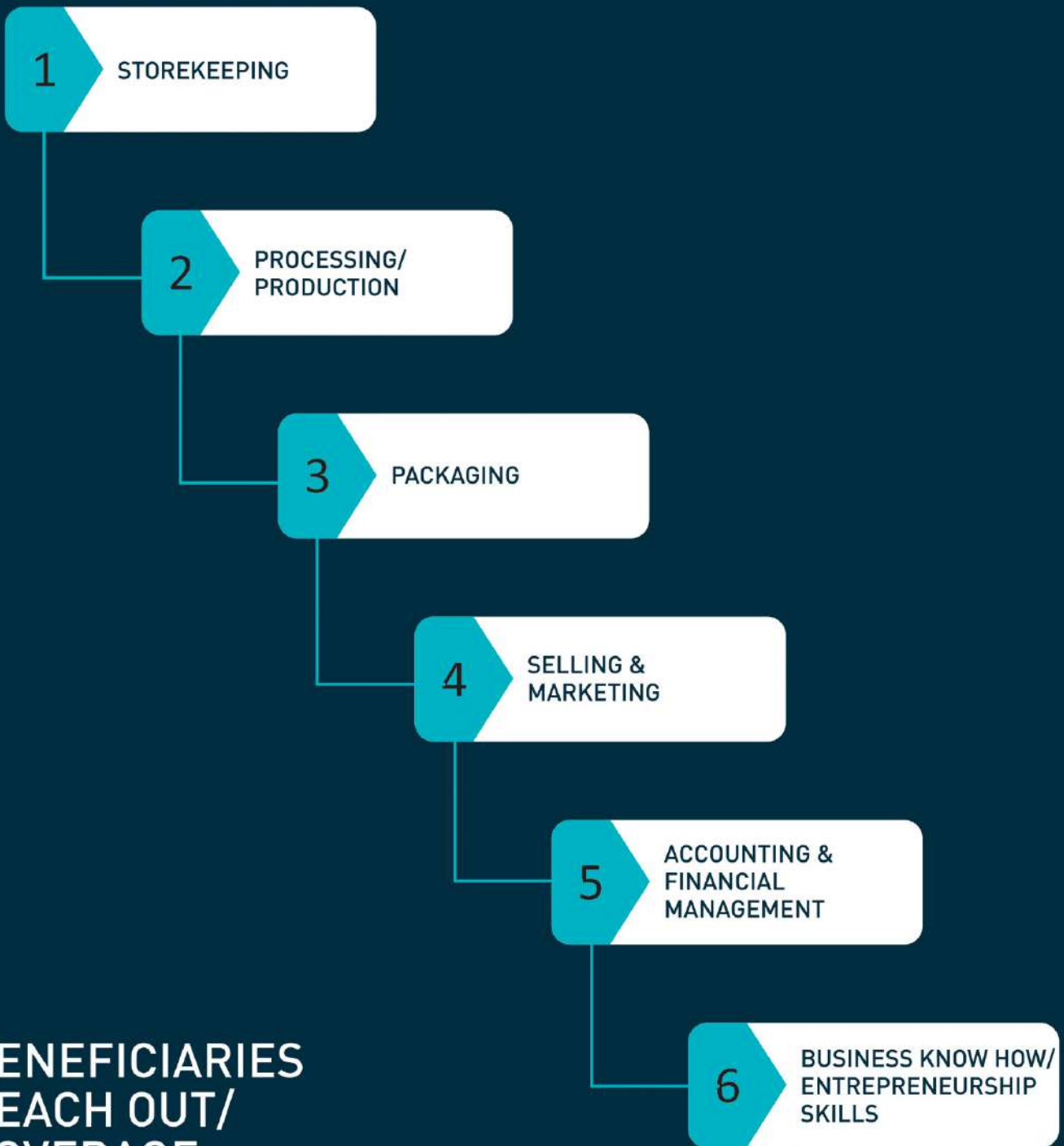
SKILL BASED
TRAININGS /
SPICE & CEREAL

3

MICRO
ENTREPRENEURSHIP
BUILDING



SIX STEPS APPRENTICESHIP/TRAINING
BY SUKARYA'S SPICES AND CEREAL CENTER:



**BENEFICIARIES
REACH OUT/
COVERAGE**

5
SHGS WOMEN HAVE ACQUIRED COMPREHENSIVE TRAINING ON FOOD PROCESSING AND MICRO ENTREPRENEURSHIP AT SPICES CEREAL PROCESSING UNIT (SCPU)

GLOBAL AMBASSADORS EVENT DELHI, 8 NOVEMBER 2019

Sukarya announced and acknowledged its **Global Ambassadors James Donaldson**, the former NBA star from the USA, and mountaineer **Deeya Suzannah Bajaj** at an extraordinary event in New Delhi on 8th November 2019. Some of its program participants attended this event with few senior government officials, prominent community members, and business leaders.

James Donaldson, the 20 years veteran of the NBA, is also a motivational speaker, the author of “**Standing above the crowd**,” a volunteer and advocate for under-served and neglected communities that include women, children, and youth. His Gift of Life Foundation works in the area of mental health awareness and suicide prevention. A lifelong vegetarian, he is also very concerned about healthy eating and living habits.

Deeya Suzannah Bajaj, the epitome of courage, determination, and perseverance, went beyond the best of physical endurance and scaled Mt. Everest and her father to support the cause of ‘Girl Child’ in India. Both the father and daughter duo have already climbed six of the seven summits.



“We commend both James and Deeya for their dedication to global citizenship and their standing commitments to advance Sukarya’s cause. We look forward to their advocacy on Sukarya’s long-term goals for educating & empowering slum children, adolescent girls, and freeing the future generation from anemia & malnutrition”.

- Meera Satpathy, Founder & Chairperson of Sukarya

“My work on mental health issues fits well with what Sukarya is doing. It is a perfect marriage of two organizations of what we can do together. We can go far together, create a legacy”.

- James Donaldson, NBA Star



“Sukarya is doing a lot of good work, and I would like to champion their cause and spread awareness about the issues related to women and children and hopefully help them to raise funds.”

- Deeya Bajaj, the Star Mountaineer

CREDIBILITY ALLIANCE NORMS COMPLIANCE REPORT

Identity:

Sukarya is registered as a not-for-profit Trust under the Indian Trusts Act (Registration Number: 7373, Dated August 3, 2000)

We are registered U/S 12A of the Income Tax Act 1961, Registration Number: 645 dated 15th January 2001 and under section 80 G Registration Number: DIT (E)/2011-12/S-2784/3338

FCRA Registration No.: 231660689 dated 31st March 2006

Name and Address of the Auditors: Gagan Mehra & Associates 8731, 14B, Shidhipura, Karol Bagh, New Delhi.110005

Name and Address of Banker: Axis Bank Ltd., 29 CC, Basant Lok Complex, Vasant Vihar, New Delhi

Vision and Mission:

Sukarya's Mission has been to ensure fair and equitable access to quality health services for all, including the poorest sections of society, especially women, adolescents and children. Each of the interventions are designed and implemented to meet the following objectives:

- To improve maternal and child health;
- To advocate, promote and sensitise communities on Primary Health Care, Reproductive Child Health and Family Planning;
- To advocate, encourage and guide positive health-seeking behaviours with special emphasis on physical, mental and social well-being;
- To empower women by strengthening their physical, emotional well-being and economic stability;
- To educate and empower children and youth to lead a healthier and more dignified life; and
- To promote gender equality, equity, and justice.

Sukarya's Vision is to enable local communities believe in their own abilities to bring about change by providing them access to basic healthcare, nutrition and education to live a healthy successful life and strive for a better society.

Details of Board of Trustees – Governing body

S. No.	NAME	AGE	GENDER	Position in the Board	Total amount paid in the financial year	Form of payment Salary/ Consultancy/ Honorarium/ Sitting Fee/ other (Specify)
1.	Ms. Meera Satpathy	66	Female	Chairperson	0	0
2.	Ms. Kumkum Bhatia	69	Female	Trustee	0	0
3.	Ms. Renu Sood	57	Female	Trustee	0	0
4.	Ms. Pushpa Indernath	82	Female	Trustee	0	0

Total Cost of international Travel by all personnel - NIL

STAFF Details as on 31st March 2020

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	1	-	1
5,000 – 10,000	1	1	2
10,000 – 25,000	9	7	16
25,000 – 50,000	3	3	6
50,000 – 1,00,000	-	-	0
Greater than 1,00,000	-	-	0

Remuneration of Highest paid staff: Rs 47000/-

Remuneration of the lowest paid staff: 10000/-

Paid Volunteer

Slab of Paid Volunteer	Male	Female
Less than 5000	-	12
5,000 – 10,000	-	-
10,000 – 25,000	-	-
25,000 – 50,000	-	-
50,000 – 1,00,000	-	-
Greater than 1,00,000	-	-

FINANCIAL ANALYSIS

	2018-19		2019-20	
Total Revenue	14,180,740.00	%	14,592,580.81	%
Grants Received Indian Institution	6,065,557.00	42.77	6,263,890.00	42.93
Grants Received from foregin Donors Under FCRA	2,082,729.00	14.69	3,694,756.81	25.32
General Donation	3,847,548.00	27.13	2,809,964.00	19.26
Self Generated funds	401,730.00	2.83	392,935.00	2.69
Interest & Other Receipts	1,783,176.00	12.57	1,431,035.00	9.81
Total Expenditure	15,168,476.00	%	14,278,973.50	%
On Projects	9,821,516.00	64.75	9,139,832.11	64.01
On self Generation Program	2,887,795.00	19.04	1,497,706.00	10.49
Other Administrative expenditure	2,459,165.00	16.21	3,641,435.39	25.50
Project Expenditure on Field wise		%		%
Intregated Rural Devlopment Program	1,684,908.00	17.16	-	-
Education On Wheels	4,210,108.00	42.87	2,076,876.09	22.72
Slum Health Programs	2,320,734.00	23.63	1,116,860.00	12.22
m Mittra Program	1,553,752.00	15.82	-	
Anemia Project	52,014.00	0.53	4,819,899.00	52.74
Women Empowerment Peoject	57,400.00	1.99	-	-
Basic Health & Physiotherapy Center	672,214.00	23.28	-	-
Nutrition Supplements for Slum Children			575,414.02	6.30
ARSH Project			550,783.00	6.03
Total Assets	22,673,485.00	%	25,304,442.30	%
Fixed Assets	6,221,796.00	27.44	5,753,178.00	22.74
Cash & Bank balance	5,474,556.00	24.15	10,737,905.30	42.43
investment- Fixed Deposit in Bank	10,444,654.00	46.07	8,297,198.00	32.79
Other Current Assets	532,479.00	2.35	516,161.00	2.04