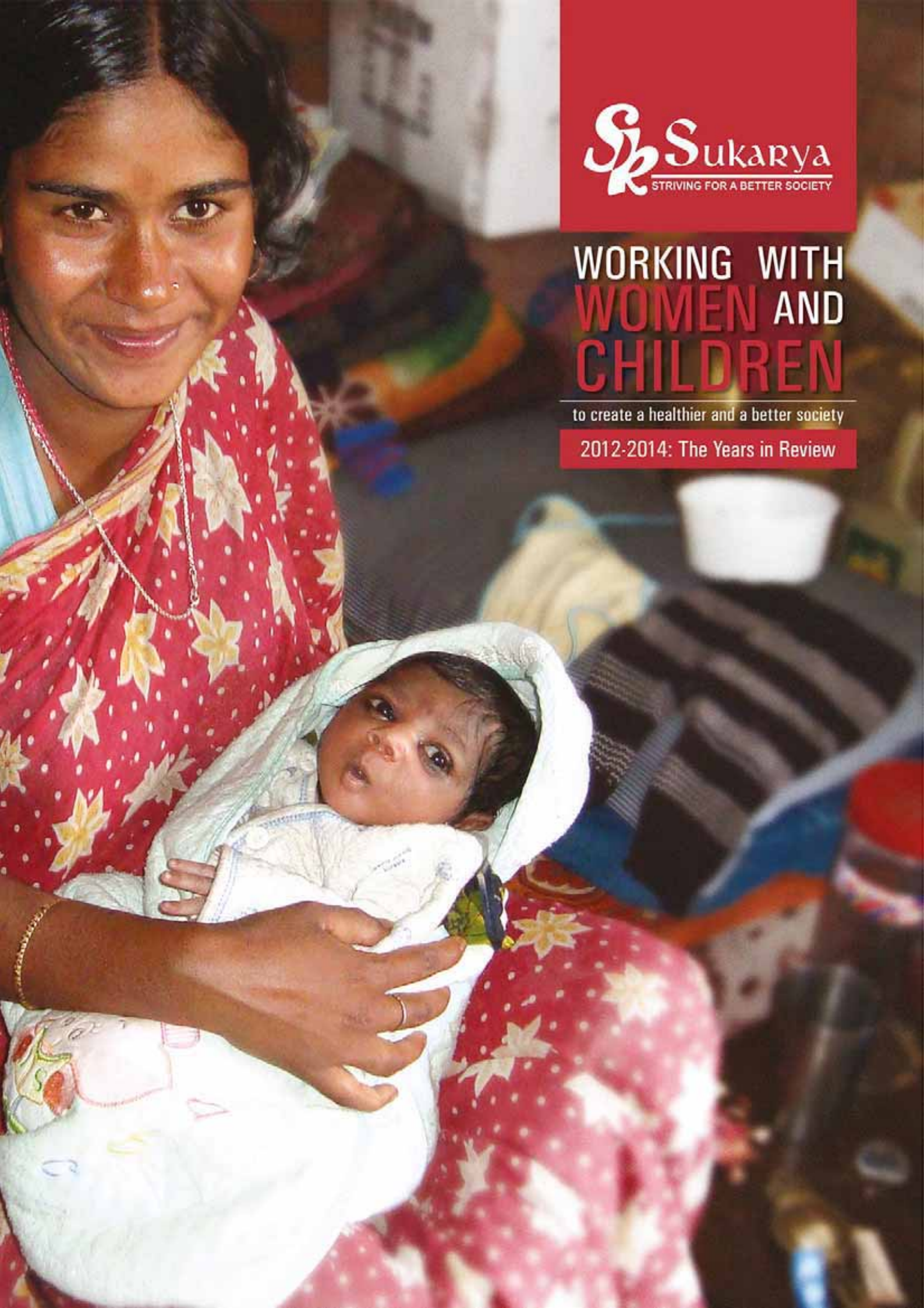




WORKING WITH WOMEN AND CHILDREN

to create a healthier and a better society

2012-2014: The Years in Review





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Message from the Chairperson

In 1998, we took our first steps with passion, enthusiasm and determination to help and heal the health of women and children who were neglected and unattended in the unreached areas of *Haryana, Delhi and Rajasthan*. The tasks were challenging, the obstacles were many but we stayed undaunted.

Over the years we have been successful in not only setting up strong healthcare services for women, children and adolescents but also influence factors that affect their health seeking behaviour – namely economic empowerment, education, environment and nutrition. In all our interventions, the spotlight has always been on empowering people by building their awareness and equipping them with the right information, as through this we have been able to make a change that is permanent. We have gone further by forming self-help groups that trained and taught those who we serve to earn, become independent and thus take control of their lives. Today, Sukarya is known as a credible and dedicated organisation in the field of health and women's empowerment.

I am pleased to share the progress report of the years 2012-14 which reflects our undaunting efforts to work tirelessly in creating a *Better health and a Better Society*.

We reached over 9000 women with maternal and child health services in some of the most difficult to reach areas of *Mewat, Jhajjar, Gurgaon* districts of *Haryana* and *Alwar* district in *Rajasthan*. To take our efforts in *Mewat* forward, which is one of the most difficult regions to work in *Haryana*, we are now partnering with Freedom From Hunger to integrate community based health education among the self help groups being formed by Sukarya. **The Pilot project is undertaking Health, Nutrition and Livelihood as an integrated module for sustainable development.**

With the support of our biggest corporate donor Bird Group, we will also soon be successfully completing the Integrated Rural Development Project (IRDP) in the village of Manger, Haryana. IRDP was a pilot project where we attempted to build a model village by addressing multiple facets of health- namely service, education, environment, sanitation, economic empowerment of women and life skills. We are happy to share that over the last two years, we reached the village with maternal and child health services, including celebrating a mother and child health day in conjunction with the government Integrated Child Development Scheme Department. We ran successful health awareness sessions and life skills education programmes in the local schools of Manger and have been able to set up a clean drinking water facility in the village. We now look forward to replicate this model in many more villages.

Informal education in well equipped mobile vans is our next step for the children in the slums and around construction sites in *Delhi* and *Gurgaon*. This new program is called "Education on Wheels". We are proud to have IGEP Foundation as our first supporter for this pilot program and we are confident that more and more donors and partners will step in and help us in expanding this program. I believe that education is the only way to augment the understanding of more basic issues such as health, hygiene and sanitation without any cost involved.

I would also like to take this opportunity to congratulate our core volunteers, volunteers from all walks of life and different organisations, interns who opted to work with us and my esteemed colleagues who have worked with me tirelessly. Further, without the organisations that support us and have faith in us, we could not have achieved what we have achieved. I especially would like to thank Bird Group, ICICI Lombard General Insurance Company, Amarchand & Mangaldas and A Shroff and company for running for Sukarya in the Airtel Delhi Half Marathon in 2012 and 2013. Finally, I would like to thank our brothers and sisters in the project areas, for serving whom we exist.

On this day, I ask you to renew your pledge to improving the conditions of the vulnerable sections of society. We are united and stand strong to pursue our task for a clear answer to our problems.

Heera Gulperthy





ABOUT US

Sukarya has been working to improve the health and overall well being of the underprivileged and underserved people. Since 1998, we have worked in some of the most backward villages of *Haryana* and *Delhi*. Last year, we also expanded our operations into *Rajasthan*.

The focus of our work is on providing quality and affordable health services at the door step of people living in villages, peri-urban areas and urban slums. We do this through community health centers, mobile diagnostic clinic, health camps and community outreach programmes. Empowering people with the right information so that they can take decisions to improve their well being is a critical component of what we do. Thus all our interventions are accompanied by a strong outreach programme where we educate people about hygiene, sanitation, good nutrition and good health.

The health and well being of underprivileged women is of particular concern to us. We have a strong maternal and child health programme, where we work towards providing ante natal and post natal health services to women who do not have access to them , promote institutional deliveries, breastfeeding, adequate spacing between birth and also improve their nutritional status thereby preventing anaemia. To help improve their overall well being we also run a programme where we empower them economically by running self help groups which



Registration of patients at Rangala village, Mewat.



Counselling of lactating mother at Padhani, Taurao Block

have given them a platform to gain not only economic independence but also improve their social standing.

In the last 16 years we have been able to reach many underserved people with quality health care in areas where they did not have access. More importantly, we have been able to address the variables that affect health, namely education, environment, nutrition and economic empowerment. Going forward, we seek to intensify our effort in these areas and move closer to our vision of "**Better Health, Better Society.**"

VISION

The vision of Sukarya is health for all - "**Better Health, Better Society**"; A society in which citizens enjoy holistic health and well being and they can as healthy and productive citizens contribute actively to the development of their communities and society.

MISSION

The mission of Sukarya is to focus on ensuring equitable access to quality health services for all including the poorest sections of the society, especially women, adolescents and children.

LEGAL STATUS

Sukarya is registered under the **Indian Trust Act 1982** with its Trust Deed Registration No 7373 dated 3rd August 2000 **FCRA Registration No: 231660689** dated 31st March 2006.

We are also registered under the **Income Tax Act 80 G** with its Registration No: DIT (E) 2008-2009/S -2784/7901, Income Tax Act 12-A Registration no: 645 dated 15th January 2001.

REGISTERED ADDRESS OF THE ORGANISATION AND ADDRESS OF COMMUNICATION

Registered Address: Phone Nos: Fax	P-20, (First Floor) South Extension Part-II, New Delhi -110049, India Telephone : +91-011-26264192, +91-011-26264193 Telefax: +91-011-26264193
Address of communication Project Office Address Phone Nos: Fax Website	Main Office/ Address of correspondence Near Paras hospital and Shallom Hills International School, Block E, Sushant Lok, Phase I, Gurgaon - 122002 Haryana, India Tel: +91-0124-4272654 Fax : +91-0124-4114253 www.sukarya.org

THE FORCE BEHIND

Sukarya was born out of the vision of a single person, Ms. Meera Sathpathy. As the principal visionary of Sukarya, she has been the main force behind the efforts, galvanising the organisation and steering the work in the required direction.

As founder and Managing Director of Pearl Advertising Agency, she spent many years in Delhi witnessing the challenges that people living in slums around the city faced in accessing basic health care services. That people were denied their basic right to good health, only because they did not have the means to access it was completely unacceptable to her. Hence along with the support of a few friends she set up Sukarya to empower the underprivileged persons living in the slums and villages of *Delhi* and *Haryana* so that they could access quality health services.

In all her work she has tried to give the power back to her focus group, women, and children, in reforming society by improving the attitude to healthcare. It has been this vision that has been the driving force of all our projects. Due to this unique approach, Sukarya today is not merely a developmental organisation focusing on health, but an empowerment organisation that raises awareness and gives people the tools to enable them to demand better services and be able to undertake simple methods to improve their well being, thereby building a better society. As founder and chairperson, Ms Satpathy has been instrumental in transforming Sukarya as an organisation that started out by conducting health camps for the underprivileged to a professionally run and managed organisation undertaking multiple interventions in the areas of maternal and child health, basic health care and economic empowerment of women. Her dedication and commitment to the cause inspire our team to work tirelessly for realising our vision. As Chairperson, Ms. Satpathy provides strategic guidance to the organisation and also continues to remain actively involved at the grassroots.

of health
than
of wealth.





Patients receiving health services at a health camp in village Manger, Haryana.

THE YEARS 2012-14: A GLIMPSE

We reached **9000 women** living in some of the most backward areas of *Haryana* and *Rajasthan* with critical **antenatal and postnatal services**.

We reached **10,000** underprivileged persons with **access to quality health care** through community health centers, health camps and mobile diagnostic clinics.

We worked with **1000 construction workers** at the construction site of an upcoming hotel in *Gurgaon*, providing them important medical services, counselling and nutritional supplements.

130 women living in some of the most backward villages of *Haryana* accessed microcredit through **8 Self Help Groups**. These loans were used for starting new enterprises such as beauty salons and tailoring units.

To empower women economically, we set up **12 home based centers** to sell the produce of our **spice and cereal processing units** in **12 villages** where we are working. These centers are an effort to help women economically by providing them with an opportunity of starting an enterprise and at the same time increasing the sales of the spice and cereal processing units.

We set up a **community drinking water system** in the village of *Manger, Haryana*, under the Integrated Rural Development Project to provide clean drinking water to the entire village.

Under the Integrated Rural Development Programme we started computer classes to provide students with vocational training opportunities. A **collaboration has been made with National Institute for Information Technology (NIIT)** to offer a certificate course in Information Technology for beginners. The first batch of **13 students** has already completed the course.

Sukarya has been empanelled at the national Corporate Social Responsibility(CSR) hub by the **Tata Institute of Social Sciences(TISS)**. This will enable us to build effective partnerships and CSR initiatives.

I. MATERNAL AND CHILD HEALTH

1a. *Hifazat*: Improving Maternal and Child Health through Specialised Clinics.

Hifazat, meaning “to protect” in English was launched in 2011 to improve the maternal and child health in 15 villages of *Mewat*, *Jhajjar* and *Gurgaon* districts in *Haryana*. Through this intervention, we focused on reaching some of the very difficult villages of Haryana and Rajasthan with critical maternal and child health services. This was accompanied with a very strong information and education programme to facilitate uptake and to promote positive health seeking behaviour at the grassroots. The key elements of the project were:

Specialised Health Clinics: Under the project, specialised health clinics were organised in each of the villages on a rotational basis, covering 8 clinics in a month. A qualified female doctor, laboratory assistant and counsellor were available at the clinics to provide antenatal and post natal care, treatment of reproductive tract and sexually transmitted infections. During the clinics, important diagnostic tests, such as Haemoglobin, Blood Group, Blood Pressure, sugar, among others were taken for pregnant women. Counselling was an integral part of the clinics where women were counselled on the importance of good nutrition, institutional deliveries, immunisations, breast-feeding and adequate spacing of birth.

Strengthening Linkages with The Government: Linkages have been built with the local government hospitals where pregnant women, and women and children requiring special care have been referred to. These linkages, have significantly facilitated institutional deliveries in the area. The Accredited Social Health Activists (ASHA) and Anganwadi workers also work closely with this in providing people information regarding the clinics and the services available.

OUR IMPACT BETWEEN APRIL 2012-JANUARY 2013

Number of clinics conducted	80
Total number of patients treated	8409
Number of females reached	5428
Number of women counselled	597

Hifazat came to an end in 2013 and between April 2012 – January 2013 we reached 636 pregnant women with maternal health services



Home visit by community health worker and counsellor to see a new born child at Hirmthala, Nuh.

Hifazat 2:

In January 2014, we launched a second phase of Hifazat in 6 villages of *Mewat* district, *Haryana* and 3 villages of *Alwar* district in *Rajasthan*. The second phase duplicates the model followed in the first phase. In addition, the community health worker has become a critical element in this phase. In each of the intervention villages, a female community health worker has been identified and trained. She conducts regular home visits, follows-up women who have received help in the clinics, mobilises women to access the clinics and organises group meetings and health sessions in the village to promote better health practices and positive health seeking behavior through this we have intensified our efforts in educating the communities to increase uptake of health services and help in making a change that is permanent.

OUR IMPACT BETWEEN JANUARY 2014-MARCH 2014

Number of clinics conducted	27
total number of patients treated	1642
Number of females reached	1202
Number of children reached	383
Number of women counseled	350
Number of pregnant women who received ANC	250



35 year old. Asma, lives in village Rithoda. Her husband is an agriculture labourer. She has 4 children. Her youngest child is 5 years old and after the 4th child there was a miscarriage. She was pregnant the 6th time when we met her. Till now she had never gone through an ante natal test. She visited our health camp, her first experience with ante natal services. At that time her weight was 56 kg and she was anaemic, She was counselled by the Counsellor where we spoke to her about eating nutritious food, anaemia, immunisations and the importance of an institutional delivery. We followed her constantly and with repeated efforts her hemoglobin and weight increased. Her baby was delivered at the PHC Ghasera. We continue to work with her to ensure that she maintains her improved eating habits and that her baby gets all immunisations and good nutrition.

I b. Improving Mother And Child Health In Peri-Urban Slums

Delhi is one of the fastest growing cities of India with a very large slum population. The living condition of people living in the slums is appalling with limited access to proper sanitation, clean drinking water and basic care. The health of women and children living in these overcrowded slums is sad – they are underweight, anaemic and prone to many diarrhoeal and viral infections. Thousands die every year due to infections that could be prevented.

OUR IMPACT BETWEEN JAN2014-MARCH 2014

Number of clinics conducted	23
Total number of patients treated	1354
Number of females (15-29 years) reached	513
Number of children (0-6 years) reached	504

In January 2014 we launched a maternal and child health project in the *Rangpuri Pahadi* slum of *Vasant Kunj, Delhi*, to address the poor maternal and child health services in the area. The intent is to improve the maternal and child health by running health clinics in the area and provide nutritional support that in turn improves the health and well-being of women and children. A clinic is run in the slum twice a week for 4 hours. A female doctor is available during the clinic along with a medical dispenser, laboratory technician and counsellor. The doctor provides key antenatal and postnatal services. Important tests such as Haemoglobin, pregnancy, blood group, blood pressure and sugar are conducted for all the women. In addition, prevention and control of anaemia is a key element of the project. In collaboration with the government Integrated Child Development Scheme (ICDS)

department, we provide Iron and Folic Acid (IFA) supplements to pregnant women and children in the age group of 6 months to 5 years. Haemoglobin tests are conducted for women who are pregnant and those women found to be anaemic are given nutritional supplements such as atta, channa, sattu produced by our spice and cereal processing units.

Every fortnight, our project staff conducts group counselling and health awareness sessions in the village where topics such as breastfeeding, institutional deliveries are addressed. So far approximately 250 persons have been counseled on different topics.

OUR IMPACT BETWEEN JANUARY 2014-MARCH 2014

Number of persons counselled on anaemia	154
Number of persons counselled on nutrition	156
Number of persons counselled on exclusive breastfeeding	116
Number of persons counselled on institutional deliveries	140



30 year old Radha's story gives an insight into the extremely hard life of many women living in slums and villages. She lives in the Rangpuri Pahadi slum of Delhi with her husband and two children. Her husband works as a construction worker and earns only Rs 2-3 thousand rupees a month. To support her husband, Radha works as a domestic help in a nearby settlement.

When we met Radha she was 6 months pregnant with her third child. Her husband continued to physically beat her up after

consuming alcohol inspite of her condition. Working long hours as a domestic help and then in her own house, not getting enough to eat, surely was showing on her thin frame. She looked pale and fatigued. We started by providing Radha with iron supplements and counselling her about eating well and resting enough. Our community health worker regularly followed her up. This was followed by several couple counselling sessions. Radha's haemoglobin levels have now increased and she has been referred to Delhi's Safdarjung hospital for her delivery. Radha's story is an inspiration for us to continue making small differences in society and big differences in the lives of many people.

II. PROVIDING COMPREHENSIVE PRIMARY HEALTHCARE

II a. The Community Health Center: Swasthya Kendra

Nearly one-third of India's urban citizens live in crowded informal settlements or slum communities. UN-HABITAT has estimated that by the year 2020, India's total slum population will cross 200 million people. City slums are characterised by poor access to clean water and adequate sanitation, the basic requirements for maintaining good hygiene and robust health. Every year, Indian slums bear witness to how preventable illnesses cause thousands of deaths and millions of hours of forfeited productivity. The government is cognizant of the country's urban healthcare challenges, but has thus far found it difficult to adequately serve the space. The people living in peri-urban areas fare no better.

Sukarya has been involved in reaching the underprivileged people living in the slums of urban and peri-urban areas of Gurgaon through community health centers, mobile health clinics, health camps and preventive health measures.

We started in 2005 by setting up a health center called Swasthya Kendra meaning "health" in English at the Sukarya office premises to reach the underprivileged people living in the neighbouring slum settlements.

In the Swasthya Kendra, a clinic is organised twice a week for 4 hours. The center is equipped with the latest diagnostic facilities and a qualified doctor, dispenser and laboratory technician are available providing comprehensive primary health care, ante natal and post natal care, key immunisations and diagnostic facilities. For many people, the center has been a huge blessing as through this they have been able to diagnose and treat their problems for which they were either suffering or were relying on quacks.

Encouraged with the response of our first Swasthya Kendra, we set up another one in 2011 in the village of *Baliwas*, with support from Religare. The center addresses the health needs of rural communities inhabited in and around small villages and hamlets covering the population of approximately 11000. The clinic has all the critical equipment and a team of 2 personnel comprising of Medical Officer and Dispenser provide health services. Linkages have been established with the government program at the grassroots level by involving Auxiliary Nurse Midwife (ANM) and Aanganwadi worker. Regular awareness sessions are organised and villagers have been oriented and informed about the preventive health measures and government schemes and programs like National Rural Health Mission which has monetary provisions for adopting certain health behaviours.

Many people, especially manual labourers, domestic workers and women suffer from musco-skeletal problems like arthritis and injuries due to occupational hazards and accidents but do not have the opportunity to access physiotherapy services required in these cases. To address this need, we set up the physiotherapy unit in the Sukarya office premises to provide services either at subsidised rates or free of cost.

Approximately 800 persons accessed our facilities over 2012-14 at the center.

Building awareness: Our work at the Swasthya Kendra is supported by a strong community outreach programme in the slums surrounding the Kendra. Our community health workers conduct regular home visits disseminating important information, identifying people requiring special help and following up on those undergoing treatment. In addition regular group sessions and awareness sessions are conducted in the slums on topics such as nutritious food, antenatal and post natal care, breastfeeding, sanitation, among others.

Community Involvement: A Village Health and Sanitation committee has been formed with the objective to involve the community in program planning and its effective implementation as well as increase male participation in the program. The members selected for the committee are from diverse background like people from Panchayat Raj Institutions, influential people from villages, ASHA worker, Anganwadi worker, ANM, Self Help Group members and Community Health Worker from Sukarya. Regular monthly meetings are conducted by Sukarya staff to ensure their involvement and participation.

II b. Working With Construction Workers:

In 2013, with support from **Bird Group**, we piloted a programme of providing comprehensive primary health care services to construction workers at the project site of an upcoming hotel in *Mahipalpur, Gurgaon*.

During the course of their work, construction workers are exposed to a wide variety of hazards, including dusts and vapours, asbestos, awkward working positions, heavy loads, adverse weather conditions, noise, and vibration from tools, among many others. Construction sites are also breeding grounds for mosquitoes. Long exposure to dust and heat during working hours and living in overcrowded settlements also put them at a greater risk of contracting viral and other respiratory infections. Lack of awareness, low wages and the absence of reliable health facilities near the construction sites, all add to the overall poor health conditions.

The intent of the intervention was to provide comprehensive primary health care services to the construction workers and to promote positive behaviour change by building their awareness on personal hygiene, sanitation, hazards of excessive alcohol consumption, importance of consuming nutritious food and safety measures to prevent injuries.

Under the intervention a health camp was organised every week at the construction site where a doctor along with para medic and project staff visited the construction site. The construction project manager and labour union head were responsible for informing the labor about the clinic. Regular health check-ups were done for all construction workers and medicines distributed to those requiring treatment. The camps were also used as a platform to hold awareness sessions. Some of the topics that we covered during the course of the year are importance of washing hands before eating, sanitation and hygiene and safe drinking water.

Every quarter we also distributed nutritional food to the construction workers. Each worker has been given 1 kilogram of swasthya atta, . 500 grams of swasthya dalia and 350 grams of sattu.



Health camp at an upcoming hotel in Mahipalpur.

In the course of the year we reached 1000 construction workers

III c. Providing Comprehensive Primary Health Services In Slums And Peri-urban Areas : Saraswati Kunj

Saraswikunj, is a slum situated behind E block *Sushant Lok, Gurgaon*. The slum houses approximately 12,000 people. Most of the people living in the slums work as domestic help in neighbouring houses and as rickshaw pullers. There is no government health facility in close proximity to the area. The private clinics that are located close by, are expensive, making it beyond the reach of the people living in *Saraswikunj*.

To address this, we have been running a community health programme. Under the programme, an Urban Social Health Activist(USHA) is identified and trained in key health issues and community mobilisation techniques. We have 2 USHAs servicing the slum. They regularly conduct door-to-door visits checking on the health and well being of the families. Those that require care are referred to the *Swasthya Kendra* situated at the *Sukarya* office.

The USHA workers also follow up patients who are undergoing treatment to ensure that they take their medicines and follow what the doctor has asked them to do. In addition, they conduct regular health awareness and counselling sessions in the slum where they impart important information on multiple topics such as the importance of washing hands, eating nutritious food, importance of breastfeeding and institutional deliveries, among others.

Maternal and child health is a critical component of our work in *Saraswikunj*. Every month, a Mother and Child Health(MCH) Day is organised in collaboration with the local Integrated Child Development Scheme(ICDS) department. On this day, a camp is conducted in the slum and pregnant women are provided key antenatal services. All pregnant and lactating women are provided with nutritional and Iron and Folic Acid (IFA) supplements and immunisations. The government Accredited Social Health Activists (ASHA) workers are always present during the MCH day.

Prevention and control of anaemia and malnutrition is also a key concern. We therefore provide IFA supplements to all mothers and children aged 6 months to 5 years. The children are also given deworming and we counsel the women in the importance of providing their children with nutritious food. In addition, we also provide free nutritional packs produced and packed by our Spice and cereal processing unit.



Our USHA worker, Suman at work

III. NUTRITION TO IMPROVE HEALTH AND PREVENT ANAEMIA

Promoting healthy nutritional habit is an important element of improving the overall health profile, preventing childhood malnutrition and stunting and improving maternal health.

Our model is very simple. In almost every region we work in, we conduct nutrition demonstration workshops to demonstrate how nutritious and tasty meals can be prepared using locally available ingredients. We work to promote the use of iodised salt, work with the government to provide vitamin A supplements and iron to pregnant and lactating women and young children. Our Community Health Workers help strengthen breast-feeding practices by sensitising community members about the importance of breastfeeding in improving child survival and development. We also promote the production of nutritious products like multigrain flour, multigrain Dalia by the self groups we are running.

This model is embedded in every project site that we work in- be it working with construction workers, or be it running a maternal and child health camp.

The Nutrition initiatives can be summed up into three categories:

1. Building awareness through Nutrition Classes and workshop demonstrations.
2. Providing Nutrition supplements through the health clinics e.g. distribution of IFA tablets, Vitamin supplements and calcium etc.
3. Promoting nutritious food and supplements by opening up of Spice & Cereal product outlets in the villages.



Nutrition workshop in progress at the nutrition center at Manger

IV. ECONOMIC EMPOWERMENT OF WOMEN

It is well known that a woman's health and economic status is closely related. A woman with better access to economic power can earn better money and access better health care. However, large pockets of India continue to be characterised by male dominated societies where women have an 'inferior' social and economic status. They work very hard in the houses, but this work goes unrecognised. The low status translates into limited access to economic, social and other resources.

In order to promote the overall well being of women living in typical male dominated societies, and in turn their health Sukarya launched the women's economic empowerment programme in 2005. The programme is a comprehensive programme encompassing 3 key aspects – economic empowerment, entrepreneurship building and adult literacy.

IV a. Micro Credit and Entrepreneurship Building

We started with Self Help Groups in 2005 in an effort to empower women economically and socially so that they would be able to challenge and overcome barriers in their lives that restrict them from realising their identity. This in turn, would help them develop and better shape their own lives as well as that of their families. The Self Help Groups have been running since then and through this we have seen many women living in traditional male dominated societies transform their lives.



BCC activities AV show on SHG, July 13

In 2012-14, 8 Self Help Groups (SHG) were functional and 130 women benefitted from these. The SHGs were working in 4 villages of *Bandhwari*, *Waliwas*, *Gwalpahri (old)* and *Gwalpahari (new)*. During this period loans worth Rs 365300 was disbursed. The women used this loan to meet personal needs as well as to start new enterprises. We have provided multiple entrepreneurship development trainings (details given below) to these groups and these are running more or less independently. The groups have been linked to nationalised banks such as the Gramin Bank, Syndicate Bank, among others, which help manage their affairs.

IV b. Spice and Cereal Processing Units to Help Women become Economically Independent:

We set up a spice and cereal processing unit in 2005 to help women gain economic independence by producing and packaging healthy and nutritious spices and cereals. We provided them with the requisite training to produce and market the spices. Over the years this unit has strengthened with 4 units running in the villages of *Bandhwari*, *Gwalpahari*, *Waliawas*



Spice Grinding Unit, March 2013

and Manager of Haryana. Over 50 women are involved in this activity and produce a variety of products like turmeric, chilli powder, besan, atta, etc.

The women are trained not only in the production of spices and cereals but also in the marketing of the same. Linkages have been forged with corporate houses and residential buildings where women from the units regularly set up their stalls for sale.

In 2012- 2014, stalls were organised in corporates like Impusle, Punj Lloyd, At&T and residential building like, Silver Oaks, Hamilton

In 2014, we set up 12 home based centers in some of the villages we work in. These include 6 villages in Mewat district, Haryana and 3 villages in Alwar district Rajasthan. The home based centers are an attempt to empower women economically by setting up small shops selling the produce of the spice and cereal processing units. The home based center helps strengthen multiple aspects of our work. Firstly, it empowers women economically by both increasing the sales of the SPCU and by giving the women in whose house the outlet has been set up an opportunity to engage in a small enterprise.

In addition, the outlets help strengthen our efforts in improving nutrition in the villages we work in. The outlet has been set up in the houses of each of the community health workers (CHW) of 12 villages. The CHW manages the stock and sells the produce. Nutrition packs containing special atta, sattu, chana which are good for pregnant women are also available in these outlets. The community health worker can thus counsel pregnant women in the village and provide them with nutritious food. Through this initiative we are thereby, promoting nutrition as well as helping our CHWs to become entrepreneurs.

IV c. Adult literacy and social empowerment

As part of our efforts to empower women economically and improve their overall well-being, we also run adult literacy classes for the women engaged in our SHGs. The curriculum for the classes has been developed by Jamia Milia University and the teacher trained by them.

In addition we conducted vocational training classes to help our SHG women upgrade their skills on income generation and entrepreneurship. In 2012, we partnered with M2i consultancy for providing entrepreneurial support training to all the SHG members. This two day training was organised in the office premises. In addition, 8 trainings were conducted for the signatories of each of the SHGs to improve the record keeping process.



36 year old *Sudesh* lives in *Baliwas* village. She got married at 14 years and had her first baby at 17. Her husband is an alcoholic who regularly beat her up and spent all his earning on purchasing alcohol. *Sudesh* then became a part of the *Shanti* SHG started in the village. In the initial days she found it difficult to give Rs 100 for the SHG. We then made her join the SPCU center. Working in the center not only helped *Sudesh* earn money to meet her personal needs but she slowly started contributing Rs 100 monthly to the SHG. In due course, she took a loan of Rs 20,000 from the SHG to buy a buffalo. She then went on to selling milk and earning approximately Rs 2500 from this. Having

gained immense self confidence she became a teacher of our adult literacy programme and earned Rs 1000 for the same. Today, *Sudesh* is also running a home based outlet selling the produce of the SPCU and has long back repaid her loan. The people in the village have immense respect for her and we at Sukarya salute her for the strength and confidence with which she has turned her life around.

V. DEVELOPING A MODEL VILLAGE – EK PEHEL, THE INTEGRATED RURAL DEVELOPMENT PROJECT

Ek Pehel, the Integrated Rural Development Project (IRDP) is an attempt to address the impact of poor socio-economic and environmental factors on health through an integrated and holistic approach. Supported by our largest donor, Bird Group, the project is being implemented in *Manger* village, *Haryana*.

We are working in 4 broad areas of health, economic empowerment of women, vocational training and life skills and environment in an effort to improve the overall health and well being of the village.

V a. Health and Nutrition: Health and Nutrition is one of the key issues of the project. The goal is to improve the health and nutritional status of village women by providing preventive and curative health services and teaching them about nutritional values of locally available food which help improve their overall health profile.

Weekly Health Clinics and Mother and Child Health Day – Weekly health clinics were organised in different parts of the village every week so as to reach all the needy people of the village with a special focus on children aged 0-12 years, adolescents aged 13-19 years, and senior citizens aged 60 years and above. A Mother and Child Health day(MCH) was organised once in a month where immunisation services were provided to children by the government ANM and checkups of pregnant & lactating mothers were undertaken. On this day ASHA & Anganwadi worker were always present at the venue.



Immunisation facilitated during a mother and child health day camp at Manger.

Between April 2012 and March 2014 total 120 health clinics and MCH day clinics have been organised. 1759 people have benefited from these where 67.4 per cent were females and 32.6 per cent were males. From the special focused group 200 pregnant women received Ante natal services and 276 babies immunised. 200 adolescents received medical services as well as counselling for improving health.

OUR IMPACT BETWEEN APRIL 2012 -MARCH 2014

Total number of clinics conducted	120
Total number of patients treated	1759
Number of females (15-29 years) reached	1186
Number of children (0-12 years) reached	570
Number of adolescents (13-19) reached	200
Number of pregnant women who received ANC services	200
Number of babies immunised on MCH day	276

School Health Program – we are running a school health programme in the primary and government secondary schools to sensitise the children on issues of health and hygiene and develop them as agents of change in their families. We conduct health awareness sessions in the school where topics such as the importance of consuming nutritious food, washing hands, taking a bath everyday, brushing teeth etc are covered.

In these two years 8 health programs have been conducted in which 4 were health awareness sessions and 4 were health check-up camps and 371 school children from primary & secondary school were benefitted.

Health awareness sessions – Health awareness sessions are focused on generating awareness among village communities on various health issues by disseminating information on important topics such as Nutrition & Health, Anaemia, Family planning, Birth preparedness, Institutional delivery, Pre-natal care, Immunization, ARSH, Gender equality, Effects of early marriage, STD/HIV, Tuberculosis & Water borne diseases. A Total 109 health awareness sessions were conducted in these two years and 1099 people benefitted through these sessions

Nutrition Center : On 7th February 2014, a nutritional center was inaugurated in the IRDP office at Mangar village with an overall objective of improving the nutritional status of village women by strengthening their knowledge about different nutritional factors found in daily eaten food and teaching them the proper way of cooking food so that they can get the nutritional values of food. This in turn will help improve the health profile of the villagers. One professional 'Nutritionist' from Gurgaon visits the village every Friday and teaches the participants about new nutritional recipes every time. Total 7 nutrition classes were conducted in February & March 2014 and 7 nutritional recipes have been taught to the participants which include beet root chutni, amwla achar, tamtar khajur chutney, soyabean cutlet, soyabean mathri

V b. Women Empowerment and Entrepreneurship Program – we have been promoting SHGs and income generation activities in the village to help improve the economic social status of women which in turn would translate into a healthier life for them.

SHGs – in 2012-14, two new SHGs *Meera* and *Radha* were formed taking the total number to four, – Khushi, Lakshmi, Radha and Meera. All groups have total 48 members with an overall monthly contribution of Rs. 6100 from each member. Capacities of these new SHGs were built on operating SHG, maintaining accounts, documentation, income generation, inter-lending etc. through – Group sessions, audio visual show, discussions etc.



Monthly Meeting of Radhey SHG members

Women entrepreneurship – “Aapki Saathi

Masala Kendra” – To promote women entrepreneurship, a home based outlet was set up in the house of a widow, Ms. Rajwati. She was trained to operate the spice outlet and generate income by selling 'Aapki Saathi' spices which are prepared by women in our spice and cereal processing units. Ms. Rajwati is earning an average of Rs. 500 – 600 /month by selling these products in the village and her share is increasing gradually.

Income generation activity: Spice and Cereal Production Unit – A SCPU was initiated at SHG President Mrs. Manju's home in March 2013 with an objective of providing SHG members a platform where they can generate income by their own labour at home without going anywhere. The grinded spices are sold by Sukarya through outlets & stalls in other places and the share of grinding is provided to the women indulged in SCPU basis on the work done by them.

V c. Vocational Training And Life Skills Training

Vocational training focuses on building skills of beneficiaries in so that they can be empowered enough to improve their socioeconomic status. Under vocational training, currently a computer class is operated in the project office.

Computer Class - Computer classes was started in August 2012 with a goal of introducing the village children with modern information technology(IT) and developing their computer skills to find appropriate jobs in future. Currently two batches are running in the village –

1. **Basic course** – This course is focused on brushing up computer skills of the kids up to class 7th. Total 22 students cleared the course and currently 11 students are in the queue to complete the course.
2. **Certificate Course in IT for Beginners (CCIB), National Institute of Information Technology(NIIT)** – This course was started in December 2013 in joint collaboration with NIIT Foundation with a focus on students of class 8th and above. The first batch of 13 Students completed their course in March 2013 and certificates would be provided by April 2014. The second batch will be started from April 2014.

Education (Life skill sessions & English speaking classes) – With a goal of improving communication & language English speaking classes are conducted in the project office on weekly basis where village children learn English language and communication methods to improve their language and communication skills. Different life skill topics are also taught to them so that they can develop themselves as better humans. Till March 2014 total 16 life skill sessions have been conducted in these two years in which 334 village children (20 children per class) have been benefitted.

THE FOLLOWING TOPICS WERE TAUGHT IN THESE SESSIONS		
o Helping nature	o Human values	o Self confidence
o Decision making skill	o Unity & Equality	o Coping with stress
o Responsibilities	o Self-awareness	o Education & development
o Communication skills	o Interpersonal relationship	o Behaviour change

V d. Environment & Sanitation –

To educate villagers and generate awareness among them on environmental issues, various activities are conducted in the village so that the villagers are aware of how to conserve the nature, maintain the green belt in and around their village and keep the village clean.

Awareness sessions & exposure- Total 3 sessions have been conducted in 2012-2014 in which 111 villagers participated. The sessions were on:-



Wall painting on toilet

- **Rain water harvesting (1 training, October 2012, 34 participants)** – The objective was to sensitise villagers about importance of water, limited sources of drinking water and its conservation to maintain the environment.
- **Exposure visit of school children to Lake Mangar (17 December 2012, 95 participants)** – An exposure visit of school children in coordination of school authorities, was conducted at Lake Mangar which is situated in the surrounding hills of the village. The objective was to orient the children about environment in between the nature.
- **Solar Energy (December 2012, 30 participants)** – Villagers were shared about the importance of solar energy as low cost green energy source and motivated to adopt the solar energy gadgets to conserve the traditional sources of energy and maintain the balance of environment. The solar energy gadgets were displayed and their functioning was also shared.
- **Environment & Sanitation (1 training, August 2013, 47 participants)** – Villagers were sensitized about the importance of maintaining the environment of the village through various ways like keeping surroundings clean, minimum use of plastic bags and depositing them in dustbins or

destroying them inside a pit and keeping the brick line drains of street clean to prevent water borne diseases.

- **Installation of Community Drinking water system in the village** – With a goal of providing clean drinking water to village community, a “community drinking water system” was installed on 22nd February 2014 in the main village chaupal (common meeting place). The Panchayat has taken responsibility of maintenance of the water system and keeping the system and surroundings clean. Installation was done after meeting with community leaders and members who suggested installing the drinking water system at the main village chaupal; now the local villagers and passerby people are getting clean and cool drinking water from the community drinking water system.



This is the story of Shalu, daughter of a security guard. She lives in the village of Manger in *Haryana*. Currently studying in class 10th at Govt. Higher Secondary School, Manger.

When the Computer Center of IRDP was launched at Manger, all villagers were informed about the computer center and requested to send their children to learn computers. At first, we found that only boys came forward for the classes. The families were not ready to send their girls to a computer center.

To address this challenge, we conducted several meetings with parents to send their daughters to the

computer center highlighting the benefits of computer education for the future of their daughters.

Shalu was the first girl to take admission in basic batch of computer class. She first took admission in the basic batch and during the course period she learnt and performed well among all students and when the batch of Certificate Course of IT for Beginners (CCIB) was started in collaboration of NIIT, she was the first girl to take admission in this batch too.

During the course duration, she studied with great interest and in the final test of CCIB; she performed well and received A+ among all the boys. Now she is studying in 10th Class and planning to get higher education and wants to become a teacher. Her parents are happy because of her performance in the computer class as well as in the school and they want to fulfill her dream by letting her do whatever she wants to achieve in life.

Following the steps of Shalu, 8 girls from the village took admission in the basic batch (for kids) and successfully completed the course and all of them scored marks within the range of 70% - 80% in the final tests of their course.

As an inspiration and motivation, Shalu opened the doors of computer education for other girls of the village.



CAPACITY BUILDING WORKSHOPS

Training on Adult Literacy: In 2012-12 two training were organised by the State Resource Center, Jamia Milia Islamia, New Delhi. The trainings were targeted at building the capacity of the project staff on conducting the adult literacy classes. It upgraded the skills of the staff on the methodology of the classes and how to explain the benefits of the classes.

Training of community health workers: CHWs are the backbone of our work. They are critical to the effective and successful execution of the programme. We have therefore been conducting regular trainings of the CHWs, highlighting effective mechanisms of approaching the community, community mobilisation and



ICICI Lombard general Insurance Company supporting Sukarya in the 2012 marathon.



Bird Group supporting Sukarya at the 2013 marathon

AIRTEL DELHI MARATHON

Sukarya has been part of Airtel Delhi Half Marathon since last 5 years and has been awarded for raising highest pledge amount in the last 2 consecutive years. In 2012 two corporate teams – Bird Group and ICICI Lombard General Insurance Company ran for us. In 2013, Bird Group and Amarchand and Mangaldas ran for us.

In both the years, Sukarya won the award for the 2nd Highest Fundraising NGO in in the Airtel Delhi Half Marathon



Ms. Shipra Shukla, receiving the award for Sukarya

AWARDS AND RECOGNITION

Airtel Delhi Half Marathon Charity Award for SUKARYA: Sukarya has received the award for the highest pledge raising NGO through corporate challenge at the Charity Award Function Airtel Delhi Half Marathon 2011. Funds raised through this event was Rs. 14,70,131/-

Empanelment with Tata Institute of Social Sciences(TISS): Sukarya has received empanelment in the central CSR hub by the Tata Institute of Social Sciences. This will provide us with a platform for further partnership and CSR initiatives.

Sukarya was also enlisted with Give India. Give India reviews over 3000 non-profit organisations from all over India and then has identified about 200 organizations that have met with the GiveIndia's Listing Criteria.

OUR TEAM

Our team comprises of professionals from different walks of life- finance, media, human resources and social work, all coming together united with the vision of providing better health care to the underprivileged. We are extremely grateful to our panel of consultant doctors and nutritionists without whom, our work would be nothing. We are also extremely grateful to the many volunteers who have devoted their time and skill and helped us reach where we are today.

MANAGING TRUSTEES & BOARD MEMBERS –

Ms. Meera Satpathy	Chairperson and Managing Trustee
Ms. Kumkum Bhatia	Ms. Bhatia has over 25 years experience in the travel trade. She is a part of a leading travel and leisure firm in India. She joined Sukarya due to her keen commitment to the larger issues of society and because of the will to want to do something for the underprivileged. She works closely with the Chairperson, contributing to program design and fundraising.
Ms. Renu Sood	Ms. Sood is a Human Resource professional with over 20 years experience in the field. She heads a reputed Human Resource Consultancy

ADVISORY COUNCIL –

Dr. C. B. Satpathy	D. Litt, LL.D., IPS (Retd.) Director General UP Police (Chief Adviser)
Mr. B. K. Sinha, IAS (Retd.)	Member (Administrative) Central Administrative Tribunal
Professor Aasha Kapur Mehta	Professor of Economics, Indian Institute of Public Administration, New Delhi
Dr. Manjula Krishnan, IES (Retd.)	Member Secretary of High Level Committee on Status of Women and former Principal Adviser, Ministry of Commerce and Industry
Ms. Radha Bhatia	Chairperson Bird Group
Mr. Ankur Bhatia	Executive Director Bird Group
Mr. Gaurav Bhatia	Executive Director Bird Group
Ms. Shweta Kohli	Founder Brand Republic

EMPLOYEES / PROFESSIONAL TEAM

STAFF

Mr. Shahnawaz Shahid	Sr Manager Program
Mr. Devendra Sharma	Sr Accounts & Administration Officer
Mr. Amit Kumar Haldhar	Project Manager (IRDP & SHG)
Mr. Dibya Sankar Neogi	Project Coordinator (IRDP & SHG)
Mr.Sonu Kumar	Marketing Coordinator (IRDP& SHG)
Mr. Mohd. Khalid	Project Coordinator (Mewat Health Program)
Mr. Mohammad Yusuf	Project Coordinator (Slum Health Program)
Ms. Reeta Singh Deo	Project Coordinator (SHG & Health)
Ms. Akanksha	Physiotherapist
Ms. Swati Vishnoi	Lab Technican
Mr. Biswajit Maity	Dispencer
Mr. Manoj Pandey	Spice Unit Incharge
Mr. Ravi Jha	Spice Unit Suport Staff
Ms.Rubina	Spice Unit Suport Staff
Mr. Ramesh Yadav	Driver
Mr. Sahabbuddin	House Keeper
Ms.Umedha	House Keeper
Mr. Nazmul khan	Gardner

CONSULTANT MBBS DOCTORS

Dr. Hemlata Goel
Dr L B Jethra
Dr Madhu Chawla
Dr Meera Srivastava
Dr Neelam Guleri
Dr Ramesh Baweja
Dr Sumedha Verma
Dr Sumita Chaudhary

NUTRITIONISTS

Ms. Preeti

MEDICAL DISPENSERS

Mr Dulal

Mr Kishore

Mr. Rajbir Yadav

Mr. Sudipta Jana

LABORATORY TECHNICIAN

Mr. Dinesh

Mr Pradeep Kumar

Ms. Uma

CONSULTANTS

Ms. Preeti Kumar

Ms. Trishna Satpathy

IEC and Communication

Research, policy and advocacy.

VOLUNTEERS

Mr Ajay Rajpal

Mr. Asit Tarkhad

Mr DS Kataria

Mr Kshitiz Kapoor

Mrs Pushpa Indernath

Ms Rashmi Narayan

Ms. Reva Puri

Ms Santosh Sharma

Ms Shipra Shukla

Mrs Varsha Tarkhad

Ms. Preet Gurnani

INTERNSHIP MANAGEMENT

We offer internships to students of management and social work institutes. The students get a platform to acquire practical skills by getting involved in activities that range from project implementation to documentation. Students get involved in 2 ways:

[1] Summer internship

[2] Field placement during the course e.g. MSWs & BSWs.

During these sessions, Interns came from the following institutes,

- **Tata Institute of Social Sciences, Guwahati, Assam**
- **Amity Institute of Social Sciences, Noida, NCR.**

OUR SUPPORTERS

We are grateful for the unstinting support of our donors and partners without whom our mission would only be a dream. We sincerely thank you for the trust you have placed in us and for your encouragement in helping us move closer to our goals.

FUNDING AGENCIES AND INSTITUTIONAL DONORS

Concern India Foundation

Give India

IGEP Foundation

Nagpaul Charitable Trust

Population Foundation of India

CORPORATE DONORS

Amadeus India Private Limited

Amarchand & Mangaldas & Suresh A. Shroff & Co

Bird Group

Convergys India Services Private Limited

Hughes Systique India Private Limited

ICICI Lombard General Insurance Company Limited

Power Grid Corporation of India Limited

Resbird Technologies Private Limited

INDIVIDUAL DONORS

Anil Kalra	Radha Bhatia
Amit Gupta	Rajesh Kumar Sanwal
Amrita Sanghi	Ramani Kathuria
Anand Sagar Pathak	Ramesh Kumar Sharma
Anisha Puri	Rameshwaran
Anjali Deshpande	Reeta Singh
Anju Rastogi	Ruchi Tyagi
Anju Sanwal	S K Das
Arun Goel	Sai Prakash Spiritual & Charitable Trust
Ashima Dogra	Samiksha Kaul
Ashok Madan	Sandhya Banerjee
Axis Designer Private Limited	Sangita Wadhavan
Bhushan Tyagi	Sanjay Kumar Singh
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Debadutta Dash	Shalabh Bhardwaj
Devendra Sharma	Shilpi Kapoor
Dhanesh Bhagwan Ahuja	Shipra Shukla
Gaurav Sharma	Shivik Gupta
Harleen Grewal	Shree Balaji Computers
K P Singh	Shubhra Shukla
Kshitiz Kapoor	Sudesh Gupta
Kumkum Bhatia	T Y Das
Lalit Mohan Nagpaul	Tanya Bhatia
M/S Shadows	Tulika Prakash
Manish Sharma	Varun Bhaskar
Manju Puri	Varun Tuli
Meera Satpathy	Veena Singh
Milan Satpathy	Vijay Raina
Nanda Pandya	Vikram Chhabra
Naresh Wadhawan	Vinai Kumar Maurya
Neelima Kataria	Vivek Sabarwal
One Foundation Charitable Trust	Vivek Vohra
Payal Kataria	
Pramugdha Phaugat	
Preeti Gurnani	
Professor Sanjeev Sharma	
Puspa Indernath	

CREDIBILITY ALLIANCE NORMS COMPLIANCE REPORT

Identity:

Sukarya is registered as a not-for-profit Trust under the Indian Trusts Act (Registration Number: 7373, Dated August 3, 2000)

We are registered U/S 12A of the Income Tax Act 1961, Registration Number: 645 dated 15th January 2001 and under section 80G Registration Number: DIT (E)/2011-12/S-2784/3338

FCRA Registration No.: 231660689 dated 31st March 2006

Name and Address of the Auditors: Gagan Mehra & Associates 8731, 14B, Shidhipura, Karol Bagh, New Delhi.110005

Name and Address of Banker: Axis Bank Ltd., 29 CC, Basant Lok Complex, Vasant Vihar, New Delhi

Vision and Mission:

Vision: The vision of Sukarya is health for all- "Better Health Better Society";

A society in which citizens enjoy holistic health and well-being and they can as healthy and productive citizens contribute actively to the development of their communities and society

Mission: The mission of Sukarya is to focus on ensuring equitable access to quality health services for all including the poorest sections of the society, especially women, adolescents and children

GOVERNANCE:

Details of Board of Trustees

S. No.	NAME	AGE	GENDER	Position in the Board	Total amount paid in the financial year	Form of payment Salary/Consultancy/ Remuneration/ Reimbursement
1.	Ms. Meera Satpathy	60	Female	Chairperson	0	0
2.	Ms. Kumkum Bhatia	63	Female	Trustee	0	0
3.	Ms. Renu Sood	51	Female	Trustee	0	0

Staff Detail as on 31 March 2014

Gender	Full Time	Part time	Paid Volunteer	Unpaid Volunteer
Male	11	3		4
Female	2	2	25	6
Total	13	5	25	10

Distribution of Staff according to Salary Levels as on 31 March 2014

Slab of gross monthly salary (in Rs.) plus benefits paid to staff (per month)	Male Staff	Female Staff	Total Staff
<Less than 5000	3	2	5
5,000 – 10,000	3		3
10,000 – 25,000	6	2	8
25,000 – 50,000	1		1
50,000 – 1,00,000	1		1
Greater than 1,00,000			

Sr.Manager Programmes Remuneration: Rs. 60,000/- per month

Remuneration of Highest Paid Staff – Rs. 60,000/- per month

Remuneration of Lowest Paid Staff – Rs. 6000/- per month

Distribution of volunteers according to remuneration as on 31March 2014

Slab of remuneration paid to volunteer (per month)	Male	Female	Total
Less than 5000		25	25
5,000 – 10,000			
10,000 – 25,000			
25,000 – 50,000			
50,000 – 1,00,000			
Greater than 1,00,000			

Total cost of international travel by all personnel - Nil

LIST OF ABBREVIATION

ANC	Ante natal care
ASHA	Accrediated social health activist
ANM	Auxillary nurse midwife
BCC	Behaviour change communication
CHW	Community health worker
CMO	Chief medical officer
DEO	District Education Officer
NFHS	National Family Health Survey
NGO	Non Governmental Organisation
ICDS	Integrated Child Development Scheme
IEC	Information education and communication
IFA	Iron folic acid
IRDP	Integrated Rural Development Project
PHC	Primary Health Centre
RCMH	Reproductive, maternal and child health
RCH	Reproductive and child health
RTI	Reproductive tract infection
SHG	Self Help Group
TT	Tetanus toxoid

Statement of Accounts 2012-14

GAGAN MEHRA & ASSOCIATES

Off.: 8731, 14B, Shidipura, Karol Bagh, New Delhi-110005

Ph.: (O) 23632494, 23514494 (R) 22373806, Fax: 011-23514494, Cell: 9810073125

Email mehragagan123@hotmail.com mehragagan123@googlemail.com

**FORM NO. 10-B
(See Rule 17B)****AUDIT REPORT UNDER SECTION 12A (B) OF THE INCOME TAX ACT, 1961 IN
THE CASE OF CHARITABLE OR RELIGIOUS SOCIETY INSTITUTION**

We have examined the Balance Sheet of SUKARYA, P-20, FIRST FLOOR, SOUTH EXTENSION PART-II, New Delhi-110 021 as at 31st March 2013 and the Income and Expenditure account for the year ended on that date which are in agreement with the books of accounts maintained by the said Trust.

We have obtained all the information and explanation which the best of our knowledge and belief were necessary for the purpose of the Audit in our opinion proper books of accounts have been kept by the above named Trust, so far as appears from our examination of the books.

- I. In the case of the Balance Sheet of the state of affairs of the above named Trust at 31st March 2013 and
- II. In the case of the income and Expenditure account of the excess of Income over Expenditure of its accounting year ending 31st March 2013.

The prescribed particulars are annexed hereto

DATED: 20/09/2013**PLACE: NEW DELHI****FOR GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS****(GAGAN MEHRA)
Prop.
M.No.89691**

ANNEXURE

STATEMENT OF PARTICULARS

1. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSE

1	Amount of Income for the previous year applied to charitable or religious purpose in India during the year.	Rs. 6495464/-
2	Whether the Trust/Institution has exercised the option under clause (2) of the Explanation to section 11(1)? If so, the details of the amount of Income deemed to have been applied to charitable or religious purpose during the previous year.	Rs. NIL
3	Amount of Income accumulated or set apart for application to charitable or religious purpose, to the extent it does not exceed 15 percent of the Income derived from the property held under trust for such purpose.	Rs. Income Rs. 7565118 Less Income Applied :-Rs.6495464 Surplus (Deficit) – Rs. 1069654 Less 15% of 1069654 Balance: NIL
4	Amount of the Income eligible for exemption under section 11(1) © (Give Details)	Nil
5	Amount of Income in addition to the amount referred to in item 3 above accumulated or set apart for specified purpose under section 11(2)	NIL
6	Amount of Income in addition to the amount referred to in item 3 above accumulated or set apart for specified purpose under section 11(2)	Not Applicable
7	Whether any part of the income respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to the Income of the previous year under section 11(1b)? Is so, the details thereof?	Not Applicable
8	Whether during the previous year, any part of Income accumulated or set apart for specified purpose under section 11(2) in any earlier year.	Not Applicable
9	Has been applied for purpose other than charitable or religious purpose or has ceased to be accumulated or set apart for application thereof or	Not Applicable

2. APPLICATION OR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

1	Whether any part of the income or property of the trust/institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (herein after referred to in section as such person) ? If so, give details of the amount rate of interest charged and the nature security, if any	No
2	Whether any land, building or other property of the trust/institution was made, or continued to be made, available for the use of any such person during the previous year? If so give details of the property and the amount of rent or	No
3	Whether any payments was made to any such person during the previous year be way of Salary, allowance or otherwise? If so, give details	No
4	Whether the services of the trust/institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received if any	No
5	Whether any share, security or other property was purchased by or on behalf of the trust/institution during the previous year from any such from. If so give details thereof together with the consideration paid.	No
6	Whether any share, security or other property was sold be or on behalf of the trust/institution during the previous year to any such person. If so, give details thereof together with the consideration received.	No
7	Whether any income or property of the trust/institution was diverted during the pervious year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted.	No
8	Whether income or property of the trust/institution was used or applied during the previous for of the benefit of any such person in any other manner? If so give details.	No

3. INVESTMENT HELD AT ANY TIME DURING THE PREVIOUS YEAR (S) IN CONCERN IN WHICH PERSON REFERRED TO IN SECTION 13(3) HAVE A SUBSTANTIAL INTEREST.

S.No.	Name & Address of the Concern	Where the Concern is a Company Capital of the Number & Class of Share Holders	Nominal Value of Investment	Income from the investment	Where the amount in Co 1.5% of the Concern during the previous year say Yes/No
1	2	3	4	5	6
—	--	--	Nil	--	—

TOTAL

FOR GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS

PLACE - NEW DELHI

DATED-20TH September 2013

(Gagan Mehra)
Prop.
M.No. 89691

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
BALANCE SHEET AS AT 31ST MARCH-2013

As at 31.03.2012	Liabilities	As per Annexure	As at 31.03.2012	Assets	As per Annexure	As at 31.03.2012
15,003.00	CORPUS FUND			FIXED ASSETS	1	6,259,046.43
	- Corpus Fund		15,003.00	- Fixed Assets		
	- Subcidy A/c		66,000.00			
12,405,008.40	SURPLUS FUND			CURRENT ASSETS		
	- Opening Balance		12,405,008.40	- Empowerment of Women		
	- Add-Excess of Income			- Programme - SHG		218,097.53
	over Expenditure - Surplus		1,340,041.26	- Loan & Advances	2	234,422.00
	CURRENT LIABILITIES -DUE		13,745,049.66	- Security Deposits		63,953.00
				- Fixed Deposits in Bank		5,565,933.00
110,432.00	- Sundry Creditors	3	154,200.00			
522,548.68	- Creditor For Expenses	4	511,659.00	- Cash at Bank		1,708,279.97
				- Cash in Hand		89,879.52
				- Advance TDS		135,148.20
				- Interest Receivable		217,152.00
				- Receivable From PFI Kiran		-
13,052,992.08	TOTAL		14,491,911.66	TOTAL		14,491,911.66

As per our Audit Report U/s 12 (B) of even date attached

FOR GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS

For Sukarya

(GAGAN MEHRA)
 Proprietor

TRUSTEE

TRUSTEE

Date:-
 Place:- New Delhi

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2013

Previous Year	Expenditure	Current Year	Previous Year	Income	Current Year
	Expenditure on Specific Project / Activities			Project Grants	
642,452.00	Ek Pehel (IRDP) Project (6)	1,132,932.00	401,528.45	Receive from PFI	555,376.00
716,709.00	Hifazat Project (Old)	-	30,000.00	Receive from Powergrid	1,656,000.00
391,799.00	Hifazat Project (Power Grid) (7)	1,568,646.50	1,469,972.00	Receive From Concern India	1,480,951.00
88,240.00	On CAF New Project II	-	-	Receive From Conversys India	35,932.00
490,431.00	On PFI Kiran Project	-	425,000.00	Receive From Bird Group (IRDP Project)	1,500,000.00
442,289.00	Saathi (Project Aegis) (8)	582,749.00	81,000.00	Receive From MDA	-
293,416.00	Sehat Center Waliawas(Religare)	-	-	Empowerment of Women Programme - SHG	
-	Sehat Center Waliawas(ICICI-NEW) (9)	183,832.00	-	Net Receipt From Programme (5)	565,738.53
-	Sehat Center Waliawas(ICICI-Old) (10)	188,088.00	583,778.60	Health Care Activities	
			217,920.00	- Medical Income	206,815.00
	Expenditure on Health Care Activities			Other Income	
148,023.00	Health Centre Expense	151,482.00	3,375,495.00	General Donation Received	791,140.00
5,500.00	Swastha Kendra (Sukarya)	123,640.00	354,974.05	Interest Received	480,398.00
-	D-2 Project	57,712.00	160,884.00	Miscellaneous Receipts	275,844.00
	Other Activities		4,371.00	Interest Received from Bank (Kiran)	
650,434.00	Staff Salary	595,659.00	1,794.00	Interest Received from Bank (Hifazat)	16,923.00
2,000.00	Advertisement & Pub. Exp.	2,250.00	-	- Excess of Expenditure over Income - Deficit	
-	Bank Charges	168.54	-		
47,673.00	Staff Welfare	67,348.00	-		
35,300.00	Computer Running & Maint.	18,900.00	-		
64,988.19	Conveyance Expenses	3,548.68	-		
60,915.00	Legal & Professional Fee's	215,551.00	-		
88,776.00	Water & Electricity Charges	112,140.00	-		
5,634.00	Garden Expense	2,080.00	-		
34,510.00	Generator Running & Maintenance	35,000.00	-		
4,209,089.19	Total C / Forward	5,041,726.72	7,106,717.10	Total C / Forward	7,565,117.53

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2013

Previous Year	Expenditure	Current Year	Previous Year	Income	Current Year
4,209,089.19	Total B / Forward	5,041,726.72	7,106,717.10	Total B / Forward	7,565,117.53
2,000.00	Misc. Expense	32,850.00			
1,350.00	Postage & Telegramme	3,217.00			
61,120.00	Printing & Stationary	67,588.00			
76,486.00	Repair & Maintenance	49,689.93			
72,250.00	Telephone & communication	61,124.00			
48,054.00	Insurance	14,421.00			
7,394.00	Cleaning Exp.	9,643.00			
-	Website Charges	75,000.00			
93,210.00	House keeping Charges	43,824.00			
9,456.00	Diwali Exp.	10,752.00			
1,436.00	Foundation Day Expenses	1,070.00			
14,450.00	Delhi Half Marathon	12,440.00			
139,663.52	Security Exp	166,400.00			
73,209.00	Vehicle Running & Maintenance	41,603.00			
54,600.00	Auditor's Remuneration	75,843.00			
469,178.54	Depreciation	457,521.64			
0.50	Short & Excess	-			
44,264.58	Mobile Exps	60,362.98			
1,729,505.78	Excess of Income over Expenditure - Surplus	1,340,041.26			
7,106,717.11	TOTAL	7,565,117.53	7,106,717.10	TOTAL	7,565,117.53

As per our Audit Report U/s 12 (B) of even date attached

FOR GAGAN MEHRA & ASSOCIATES

CHARTERED ACCOUNTANTS

(GAGAN MEHRA)

Proprietor

Date:-

Place:- New Delhi

For Sukarya

TRUSTEE

TRUSTEE

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31.03.2013

Receipts	Amount	Payment	Amount
To Opening Balance		Fixed Asset Purchased	204,388.00
Cash in Hand		Fixed Deposit made	1,415,933.00
Revolving Fund	19,000.00		
Cash	619.52	Ek Peהל (IRDP) Project	1,012,540.00
Masala Cash	2,291.00	D-2 project	57,712.00
Masala Imprest	404.00	Hifazat Project (Power Grid)	1,725,671.50
Physio Cash	1,670.00	Sehat Center Waliawas (Old)	185,632.00
Bank		Sehat Center Waliawas (New)	181,288.00
PNB A/c	5,087.00	Saathi (Project Aegis)	586,249.00
Axis A/c 149870	173,722.50	Expenditure on Health	
Axis A/c 3625	1,550,107.82	care Activities	
Axis FCRA A/c	32,473.19	Health Centre Expense	151,482.00
Grant Recd	5,228,259.00	Swastha Kendra Sukarya	123,640.00
Net Receipt from Women		Staff Salary	608,300.00
Empowerment Programme	438,619.78	Advertisement & Pub. Exp.	2,250.00
Medical Income	206,815.00	Bank Charges	168.54
General Donation Received	791,140.00	Staff Welfare	67,348.00
Interest Recd	464,705.00	Computer Running & Maint.	18,900.00
Misc Receipt	275,844.00	Conveyance Expenses	15,344.68
Int Recd other	16,923.00	Legal & Professional Fee's	163,231.00
Received from PFI	106,946.00	Water & Electricity Charges	112,140.00
		Garden Expense	2,080.00
		Generator Running & Maintenance	35,000.00

SUKARYA

P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31.03.2013

	Misc. Expense	32,850.00
	Postage & Telegramme	3,217.00
	Printing & Stationary	67,588.00
	Repair & Maintenance	49,689.93
	Telephone & communication	60,239.80
	Insurance	14,421.00
	Cleaning Exp.	9,643.00
	Website Charges	75,000.00
	House keeping Charges	43,824.00
	Diwali Exp.	10,752.00
	Foundation Day Expenses	1,070.00
	Delhi Half Marathon	12,440.00
	Security Exp	163,034.00
	Vehicle Running & Maintenance	41,603.00
	Auditor's Remuneration:	23,454.00
	Mobile Exps	60,362.98
	Advance to Parties	161,470.00
	Other Payment	16,510.89
	By Closing Balance	
	Cash in Hand	
	Revolving Fund	19,000.00
	Cash	46,319.52
	Masala Cash	20,199.00
	Masala Imprest	516.00
	Physio Cash	3,845.00

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31.03.2013

	Bank	
	PNB A/c	5,087.00
	Axis A/c 149870	596,917.50
	Axis A/c 3625	1,071,652.28
	Axis FCRA A/c	34,623.19
Total	Total	9,314,626.81

As per our Audit Report U/s 12 (B) of even date attached
FOR GAGAN MEHRA & ASSOCIATES
 CHARTERED ACCOUNTANTS

(GAGAN MEHRA)
 Proprietor

Date:-

Place:- New Delhi

For Sukarya

TRUSTEE

TRUSTEE

SUKARYA P-20, SOUTH EXENTION, PART-II NEW DELHI-110 049

SIGNIFICANT ACCOUNTING POLICIES & NOTES TO ACCOUNTS FORMING PART OF BALANCE SHEET AND INCOME & EXPENDITURE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2013.

1) BASIC OF ACCOUNTING

The accompanying financial statements have been prepared under the historical cost convention in accordance with the generally accepted accounting principles. The Trust follows the Accrual systems of accounting and recognizes Income & Expenditure on Accrual Basis.

2) TAXATION

No provision for taxation has been made in the view of exemption available.

3) FIXED ASSETS

Fixed Assets are accounted for at cost.

4) In the absence of the confirmatory letters regarding the balance from/due to parties shown under the head Current Assets, Loan Advances and Current Liabilities are such as reflected in the books of accounts of the firm.

5) The previous year figures have been regrouped/-rearranged wherever necessary to make the comparable with the Current year figure.

As per our report in Form 10B of even date attached

**For GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS**

Sd/-
GAGAN MEHRA
PROP.

Sd/-
TRUSTEE

Sd/-
TRUSTEE

**PLACE: NEW DELHI
DATE: 20th September 2013**

GAGAN MEHRA & ASSOCIATES

Off.: 8731, 14B, Shidipura, Karol Bagh, New Delhi-110005

Ph.: (O) 23632494, 23514494 (R) 22373806, Fax: 011-23514494, Cell: 9810073125

Email mehragagan123@hotmail.com mehragagan123@googlemail.com

**FORM NO. 10-B
(See Rule 17B)****AUDIT REPORT UNDER SECTION 12A (B) OF THE INCOME TAX ACT, 1961 IN
THE CASE OF CHARITABLE OR RELIGIOUS SOCIETY INSTITUTION**

We have examined the Balance Sheet of SUKARYA, P-20, FIRST FLOOR, SOUTH EXTENSION PART-II, New Delhi-110049 as at 31st March 2014 and the Income and Expenditure account for the year ended on that date which are in agreement with the books of accounts maintained by the said Trust.

We have obtained all the information and explanation which the best of our knowledge and belief were necessary for the purpose of the Audit in our opinion proper books of accounts have been kept by the above named Trust, so far as appears from our examination of the books.

- I. In the case of the Balance Sheet of the state of affairs of the above named Trust at 31st March 2014 and
- II. In the case of the income and Expenditure account of the excess of Income over Expenditure of its accounting year ending 31st March 2014.

The prescribed particulars are annexed hereto

DATED: 1st September. 2014

PLACE: NEW DELHI

**FOR GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS**

**(GAGAN MEHRA)
Prop.
M.No.89691**

ANNEXURE

STATEMENT OF PARTICULARS

1. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSE

1	Amount of Income for the previous year applied to charitable or religious purpose in India during the year.	Rs. 5623988/-
2	Whether the Trust/Institution has exercised the option under clause (2) of the Explanation to section 11(1)? If so, the details of the amount of Income deemed to have been applied to charitable or religious purpose during the previous year.	Rs. Nil
3	Amount of Income accumulated or set apart for application to charitable or religious purpose, to the extent it does not exceed 15 percent of the Income derived from the property held under trust for such purpose.	Rs. Income Rs. 8210978/- Less Income Applied : Rs. 5623988/- Surplus (Deficit) Rs. 2586990/- Less 15% of Rs. 1231647/- Balance: 13,55,343
4	Amount of the Income eligible for exemption under section 11(1) © (Give Details)	Rs. 13,55,343
5	Amount of Income in addition to the amount referred to in item 3 above accumulated or set apart for specified purpose under section 11(2)	NIL
6	Amount of Income in addition to the amount referred to in item 3 above accumulated or set apart for specified purpose under section 11(2)	Not Applicable
7	Whether any part of the income respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to the Income of the previous year under section 11(1b)? Is so, the details thereof?	Not Applicable
8	Whether during the previous year, any part of Income accumulated or set apart for specified purpose under section 11(2) in any earlier year.	Not Applicable
9	Has been applied for purpose other than charitable or religious purpose or has ceased to be accumulated or set apart for application thereof or	Not Applicable

2. APPLICATION OR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

1	Whether any part of the income or property of the trust/institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (herein after referred to in section as such person) ? if so, give details of the amount rate of interest charged and the nature security, if any	No
2	Whether any land, building or other property of the trust/institution was made, or continued to be made, available for the use of any such person during the previous year? If so give details of the property and the amount of rent or	No
3	Whether any payments was made to any such person during the previous year be way of Salary, allowance or otherwise? If so, give details	No
4	Whether the services of the trust/institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received if any	No
5	Whether any share, security or other property was purchased by or on behalf of the trust/institution during the previous year from any such from. If so give details thereof together with the consideration paid.	No
6	Whether any share, security or other property was sold be or on behalf of the trust/institution during the previous year to any such person. If so, give details thereof together with the consideration received.	No
7	Whether any income or property of the trust/institution was diverted during the pervious year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted.	No
8	Whether income or property of the trust/institution was used or applied during the previous for of the benefit of any such person in any other manner? If so give details.	No

3. INVESTMENT HELD AT ANY TIME DURING THE PREVIOUS YEAR (S) IN CONCERN IN WHICH PERSON REFERRED TO IN SECTION 13(3) HAVE A SUBSTANTIAL INTEREST.

S.No.	Name & Address of the Concern	Where the Concern is a Company Capital of the Number & Class of Share Holders	Nominal Value of Investment	Income from the investment	Where the amount in Co 1.5% of the Concern during the previous year say Yes/No
1	2	3	4	5	6
—	--	--	Nil	--	—

TOTAL

FOR GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS

PLACE - NEW DELHI

DATED- 1st September 2014

(Gagan Mehra)
Prop.
M.No. 89691

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
BALANCE SHEET AS AT 31st March 2014

Liabilities	As per Annexure	As at 31.03.2014	As at 31.03.2013	Assets	As per Annexure	As at 31.03.2014
CORPUS FUND				FIXED ASSETS	1	
- Corpus Fund		15,003.00	6,259,046.43	- Fixed Assets		5,901,204.00
- Subsidy A/c		66,000.00				
SURPLUS FUND				CURRENT ASSETS		
- Opening Balance		13,745,049.66		- Empowerment of Women Programme - SHG		209,202.30
- Add-Excess of Income over Expenditure - Surplus			218,097.53	- Loan & Advances	2	115,846.00
			234,422.00	- Security Deposits		77,953.00
CURRENT LIABILITIES -DUE				- Fixed Deposits in Bank		5,460,431.00
- Sundry Creditors	3	277,849.00				
- Creditor For Expenses	4	746,415.00	1,708,279.97	- Cash at Bank		5,544,831.20
		89,879.52	-	Cash in Hand		14,694.00
		135,148.20	-	Advance TDS		162,145.20
		217,152.00	-	Interest Receivable		-
TOTAL		17,486,306.70	14,491,911.65	TOTAL		17,486,306.70

As per our Audit Report U/s 12 (B) of even date attached
FOR GAGAN MEHRA & ASSOCIATES
 CHARTERED ACCOUNTANTS

For Sukarya

(GAGAN MEHRA)

Proprietor

Date: 1st September 2014

Place:- New Delhi

TRUSTEE

TRUSTEE

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st March 2014

Previous Year	Expenditure Expenditure on Specific Project / Activities	Current Year	Previous Year	Income	Current Year
1,132,932.00	Ek Pehel Integrated Rural Development Program (6)	272,035.00	555,376.00	Project Grants Receive from PFI	-
-	Ek Pehel Integrated Rural Development Program (New) (7)	1,128,801.00	1,656,000.00	Receive from Powergrid	-
1,568,646.50	Hifazat Project With Powergrid (8)	-	1,480,951.00	Receive From Concern India for Slum Project Delhi	1,422,977.00
582,749.00	Women empowerment Project (9)	695,346.60	35,932.00	Receive From Conversys India	2,621,000.00
188,088.00	Health Clinic at Walliawas (Old) (10)	-	1,500,000.00	Receive From Bird Group for IRDP Program	294,172.00
183,832.00	Health Clinic at Walliawas (11)	312,719.00	-	Receive from Bird Group for D-2 Project	937,900.48
-	Slum Health Program at Delhi (12)	397,066.25	-	Receive from Give India Health Clinic	
-	Hifazat Project -2 (13)	473,028.60	-	Empowerment of Women	
57,712.00	Medical Clinics Under D-2 Project	206,460.00	565,738.53	Programme - SHG Net Receipt From Programme (5)	616,797.25
	Expenditure on Health Care Activities		206,815.00	Health Care Activities - Medical Income	187,697.00
151,482.00	Health Centre Expense	104,170.00		Other Income	
-	Medical Van Renovation Charges	333,847.00	791,140.00	General Donation Received	1,232,052.16
123,640.00	Swastha Kendra (Sukarya)	160,253.00	480,398.00	Interest Received on Fixed Deposited	485,065.00
	Other Activities		275,844.00	Miscellaneous Receipts	319,629.45
-	Joy Of Giving Week	49,816.00	16,923.00	Interest Received from Bank	93,688.00
12,440.00	Delhi Half Marathon	13,480.00			
595,659.00	Staff Salary	35,501.00			
2,250.00	Advertisement & Pub. Exp.	4,750.00			
168.54	Bank Charges	-			
67,348.00	Staff Welfare	34,519.00			
18,900.00	Computer Running & Maint.	19,600.00			
3,548.68	Conveyance Expenses	21,967.00			
215,551.00	Legal & Professional Fee's	55,000.00			
112,140.00	Water & Electricity Charges	140,079.00			
2,080.00	Garden Expense	26,400.00			
35,000.00	Generator Running & Maintenance				
5,054,166.72	Total C / Forward	4,484,838.45	7,565,117.53	Total C / Forward	8,210,978.34

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st March 2014

Previous Year	Expenditure	Current Year	Previous Year	Income	Current Year
5,054,166.72	Total B / Forward	4,484,838.45	7,565,117.53	Total B / Forward	8,210,978.34
32,850.00	Misc. Expense	-			
3,217.00	Postage & Telegramme	4,445.00			
67,588.00	Printing & Stationary	9,536.00			
49,689.93	Repair & Maintenance	211,226.00			
61,124.00	Telephone & communication	69,395.00			
60,362.98	Mobile Exps	49,264.41			
14,421.00	Insurance	13,995.00			
9,643.00	Cleaning Exp.	9,400.00			
75,000.00	Website Charges	-			
43,824.00	House keeping Charges	-			
10,752.00	Diwali Exp.	8,814.00			
1,070.00	Foundation Day Expenses	3,125.00			
166,400.00	Security Exp	187,500.00			
41,603.00	Vehicle Running & Maintenance	37,267.00			
75,843.00	Auditor's Remuneration	101,124.00			
457,521.64	Depreciation	385,058.44			
1,340,041.26	Excess of Income over Expenditure - Surplus	2,635,990.04			
7,565,117.53	TOTAL	8,210,978.34	7,565,117.53	TOTAL	8,210,978.34

As per our Audit Report U/s 12 (B) of even date attached

FOR GAGAN MEHRA & ASSOCIATES

CHARTERED ACCOUNTANTS

For Sukarya

(GAGAN MEHRA)

Proprietor

Date: 1st September 2014

Place:- New Delhi

TRUSTEE

TRUSTEE

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31st March 2014

Previous Year (2012-13)	Receipts	Current Year (2013-14)	Previous Year (2012-13)	Payment	Current Year (2013-14)
	To Opening Balance		204,388.00	Fixed Asset Purchased	49,000.00
	Cash in Hand		1,415,933.00	Fixed Deposit made	4,067,752.00
19,000.00	Revolving Fund	19,000.00	1,012,540.00	Ek Peהל (IRDP) Project	1,393,850.00
619.52	Cash	40,609.52	57,712.00	D-2 project	206,460.00
2,291.00	Masala Cash	20,199.00	-	Hifazat Project-2	457,428.60
404.00	Masala Imprest	516.00	-	Slum Health Project Delhi	392,816.25
1,670.00	Physio Cash	3,845.00	181,288.00	Sehat Center Waliawas (New)	319,519.00
-	Cash From Debtors	5,710.00	586,249.00	Saathi (Project Aegis)	692,346.60
	Bank		1,725,671.50	Hifazat Project (Powergrid)	-
5,087.00	PNB A/c	5,087.00	185,632.00	Sehat Center Waliawas (old)	-
173,722.50	Axis A/c 149870	596,917.50		Expenditure on Health	
1,550,107.82	Axis A/c 3625	1,071,652.28		Care Activities	
32,473.19	Axis FCRA A/c	34,623.19	151,482.00	Health Centre Expense	104,170.00
			123,640.00	Swastha Kendra Sukarya	160,253.00
5,228,259.00	Grant Recd	5,276,049.48	2,250.00	Advertisement & Pub. Exp.	4,750.00
	Receipt from Women		23,454.00	Audit Fee	57,270.00
438,619.78	Empowerment Program	2,504,723.00	9,643.00	Cleaning Exp.	9,400.00
206,815.00	Medical Income	187,697.00	18,900.00	Computer Running & Maint.	32,721.00
791,140.00	General Donation Received	1,232,052.16	15,344.68	Conveyance Expenses	21,967.00
464,705.00	Interest Recd	675,220.00	10,752.00	Diwali Exp.	8,814.00
275,844.00	Misc Receipt	319,629.45	12,440.00	Delhi Half Marathon	13,480.00
16,923.00	Int Recd other	93,688.00	112,140.00	Electricity Expenses	140,079.00
-	Fixed Deposit Matured	4,173,254.00	1,070.00	Foundation Day Expenses	3,125.00
-	Sale on fixed Assets	21,784.00	2,080.00	Garden Expenses	26,400.00

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31st March 2014

-	Loan & Advance	3,470.00	14,421.00	Insurance	13,995.00
106,946.00	Receivable from PFI	-	-	Joy Of Giving Week	49,816.00
			163,231.00	Legal & Professional Charges	35,000.00
			-	Medical Van Renovation Charges	241,847.00
			60,362.98	Mobile Expenses	49,954.41
			41,603.00	Vehicle Running & Maintenance	37,968.00
			3,217.00	Postage & Courier Charges	4,445.00
			49,689.93	Repair Maintenance	211,226.00
			608,300.00	Salary & Wages	35,501.00
			163,034.00	Security Expenses	186,015.00
			67,348.00	Staff Welfare	34,519.00
			67,588.00	Printing & Stationary	13,086.00
			60,239.80	Telephone Expenses	69,283.00
				Expenditure on Women	
			-	Empowerment Program	1,567,944.52
			-	Security Deposit	14,000.00
			168.54	Bank Charges	-
			35,000.00	Generator Running & Maintenance	-
			32,850.00	Misc Expenses	-
			75,000.00	Website Charges	-
			43,824.00	House keeping Charges	-
			161,470.00	Advance to Parties	-
			16,510.89	Other Payments	-
				By Closing Balance	
				Cash in Hand	

SUKARYA
P-20 , 1st Floor South Extension -II , New Delhi-110049
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31st March 2014

				19,000.00	Revolving Fund		-
				46,319.52	Cash		2,587.00
				20,199.00	Masala Cash		12,085.00
				3,845.00	Physio Cash		22.00
				516.00	Masala Imprest		-
					Bank		
				5,087.00	PNB A/c		5,507.00
				596,917.50	Axis A/c 149870		621,155.50
				1,071,652.28	Axis A/c 3625		4,732,141.64
				34,623.19	Axis FCRA A/c		186,027.06
9,314,626.81	Total		16,285,726.58	9,314,626.81	Total		16,285,726.58

As per our Audit Report U/s 12 (B) of even date attached
FOR GAGAN MEHRA & ASSOCIATES
 CHARTERED ACCOUNTANTS

(GAGAN MEHRA)
 Proprietor
 Date: 1st September 2014
 Place:- New Delhi

For Sukarya

TRUSTEE

TRUSTEE

SUKARYA P-20, SOUTH EXENTION, PART-II NEW DELHI-110 049

SIGNIFICANT ACCOUNTING POLICIES & NOTES TO ACCOUNTS FORMING PART OF BALANCE SHEET AND INCOME & EXPENDITURE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2014.

1) BASIC OF ACCOUNTING

The accompanying financial statements have been prepared under the historical cost convention in accordance with the generally accepted accounting principles. The Trust follows the Accrual systems of accounting and recognizes Income & Expenditure on Accrual Basis.

2) TAXATION

No provision for taxation has been made in the view of exemption available.

3) FIXED ASSETS

Fixed Assets are accounted for at cost.

4) In the absence of the confirmatory letters regarding the balance from/due to parties shown under the head Current Assets, Loan Advances and Current Liabilities are such as reflected in the books of accounts of the firm.

5) The previous year figures have been regrouped/-rearranged wherever necessary to make the comparable with the Current year figure.

As per our report in Form 10B of even date attached

**For GAGAN MEHRA & ASSOCIATES
CHARTERED ACCOUNTANTS**

Sd/-
GAGAN MEHRA
PROP.

Sd/-
TRUSTEE

Sd/-
TRUSTEE

**PLACE: NEW DELHI
DATE: 1st September 2014**

WORKING WITH WOMEN AND CHILDREN

to create a healthier and a better society

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